



BIOMONITORING CALIFORNIA

Program Update

Nerissa Wu, PhD, MPH

Presentation to the Scientific Guidance Panel Meeting

March 20, 2024

Program Updates

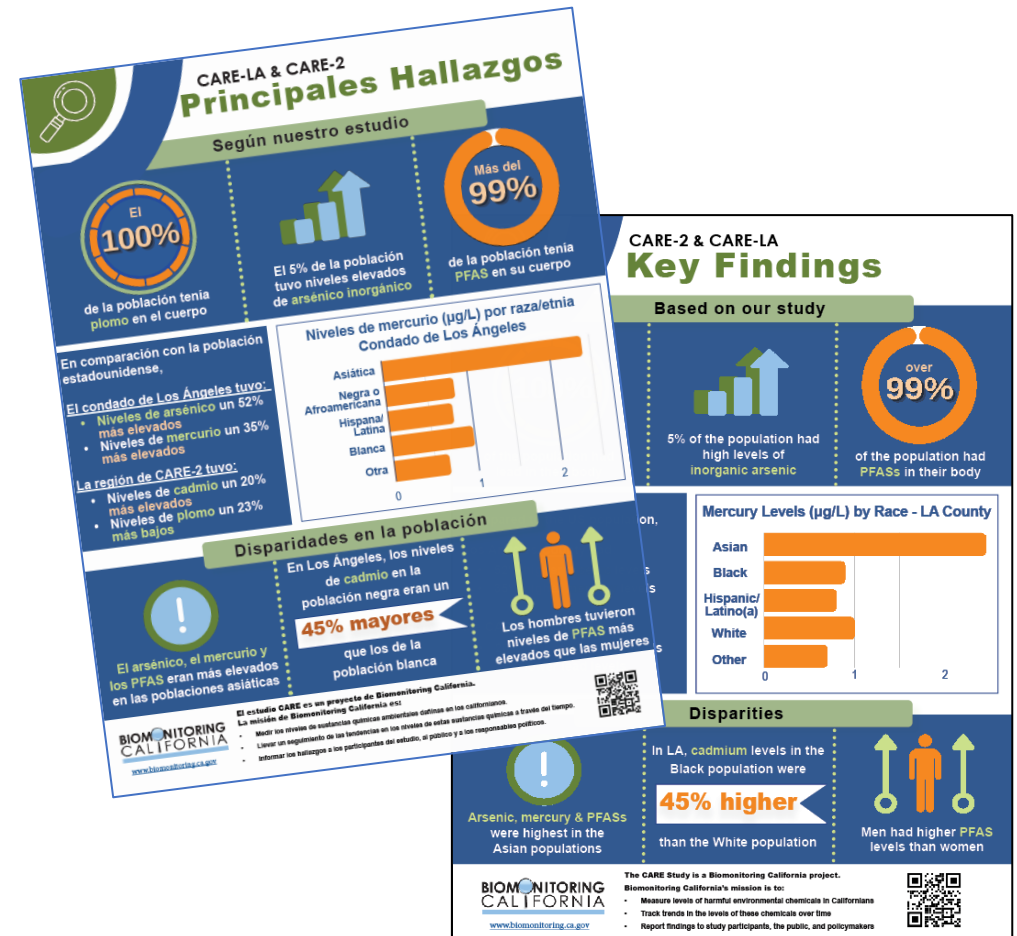
- Project updates
 - California Regional Exposure (CARE) Study
 - Measuring Analytes in Maternal Archived Samples (MAMAS)
 - Studying Trends in Exposures in Prenatal Samples (STEPS)
 - Asian/Pacific Islander Community Exposures (ACE) Project
 - AB 617 community biomonitoring studies
- Laboratory updates
- Updates to the Designated Chemicals List
- Reporting back from the National Biomonitoring Network meeting

California Regional Exposure (CARE) Study

- CARE Study data are being used in analyses linking drinking water and dietary information with serum PFAS levels
- Analysis of metals data and exposure sources has been initiated
- Lab analyses to generate speciated arsenic and phenols data for all participants is progressing



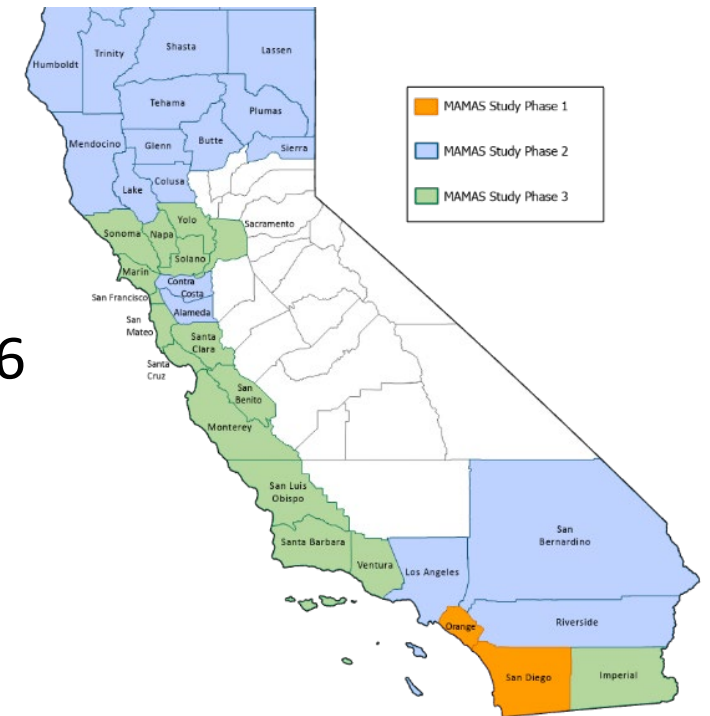
CARE Study Report and Webinar



- CARE Study Report has been posted
- Webinar to discuss study findings has been scheduled for April 18

Measuring Analytes in Maternal Archived Samples (MAMAS)

- MAMAS 1 (2012), MAMAS 2 (2015), and MAMAS 3 (2016) samples were analyzed for PFASs or POPs
- Summary statistics for MAMAS 1 have been posted on the web
- Analysis indicates:
 - PFAS and POPs levels generally declined from 2012 to 2016
 - Exceptions:
 - Levels of PFUnDA and PFDA did not change during this time
 - PFBA levels were higher in MAMAS 3 compared with MAMAS 2



Studying Trends in Exposures in Prenatal Samples (STEPS)

- Retrospective samples from Orange and Fresno counties (2015 – 2021) have been obtained and are being analyzed for PFASs
- Working with Biobank to save samples from 2024 pregnancies in Los Angeles County



STEPS

Studying Trends in Exposures in Prenatal Samples (STEPS)



| Sample Collection Location | Birth Year | # Samples | Status |
|-----------------------------------|-------------------|------------------|---------------------------------|
| Orange County | 2015 | 175 | All 521 samples acquired |
| | 2018 | 174 | |
| | 2021 | 172 | |
| Fresno County | 2015 | 174 | All 523 samples acquired |
| | 2018 | 175 | |
| | 2021 | 174 | |
| Los Angeles County | 2024 | | Acquiring 170 samples per month |

Asian/Pacific Islander Community Exposures (ACE) Project: Participant PFAS levels and reported fish consumption

- Analyses have identified strong associations between fish consumption and serum PFAS levels
- Increases in serum PFAS levels range from 9 – 124% depending on fish type and fish parts consumed
- Findings have been shared with state and federal partners, resulting in interest in developing PFAS-based fish advisories



Air Pollution Community Biomonitoring Studies



EBDEP: VOC results returned to participants in February.



SAPEP: Community meeting scheduled for April 2024.



FRESCA-Mujeres: Evaluating air monitoring and questionnaire data. Laboratories analyzing urine samples.



BiomSPHERE: Evaluating air monitoring and questionnaire data. Laboratories analyzing urine samples.

Environmental Health Laboratory Updates

- CARE-LA*
 - 176 of 346 samples analyzed for phenols
 - 293 of 308 samples analyzed for speciated arsenic
- FRESSCA-Mujeres
 - Received and aliquoted samples (n=156)
 - Specific gravity analysis complete
- BiomSPHERE
 - Received and aliquoted samples (n=194)
 - Specific gravity analysis complete



* As of March 2024

Environmental Health Laboratory Updates

Update on PAHs

- Passed recent proficiency testing
- Analyzing samples from the Intra-program Pilot Project (IPP) with improved panel

Update on VOCs

- Passed recent proficiency testing
- IPP samples currently being analyzed





Environmental Chemistry Laboratory

- Analysis of 1000+ samples for STEPS Study in progress
- Method development:
 - Cyclosiloxanes in serum
 - PAHs in serum
 - Total fluorine in consumer products for carpet, rugs, and protective sprays

Updated Designated and Priority Chemical Lists

Modified the group name of PFASs to:
“Perfluoroalkyl and Polyfluoroalkyl Substances (PFASs)
and Other Substances with Carbon-Fluorine Bonds”

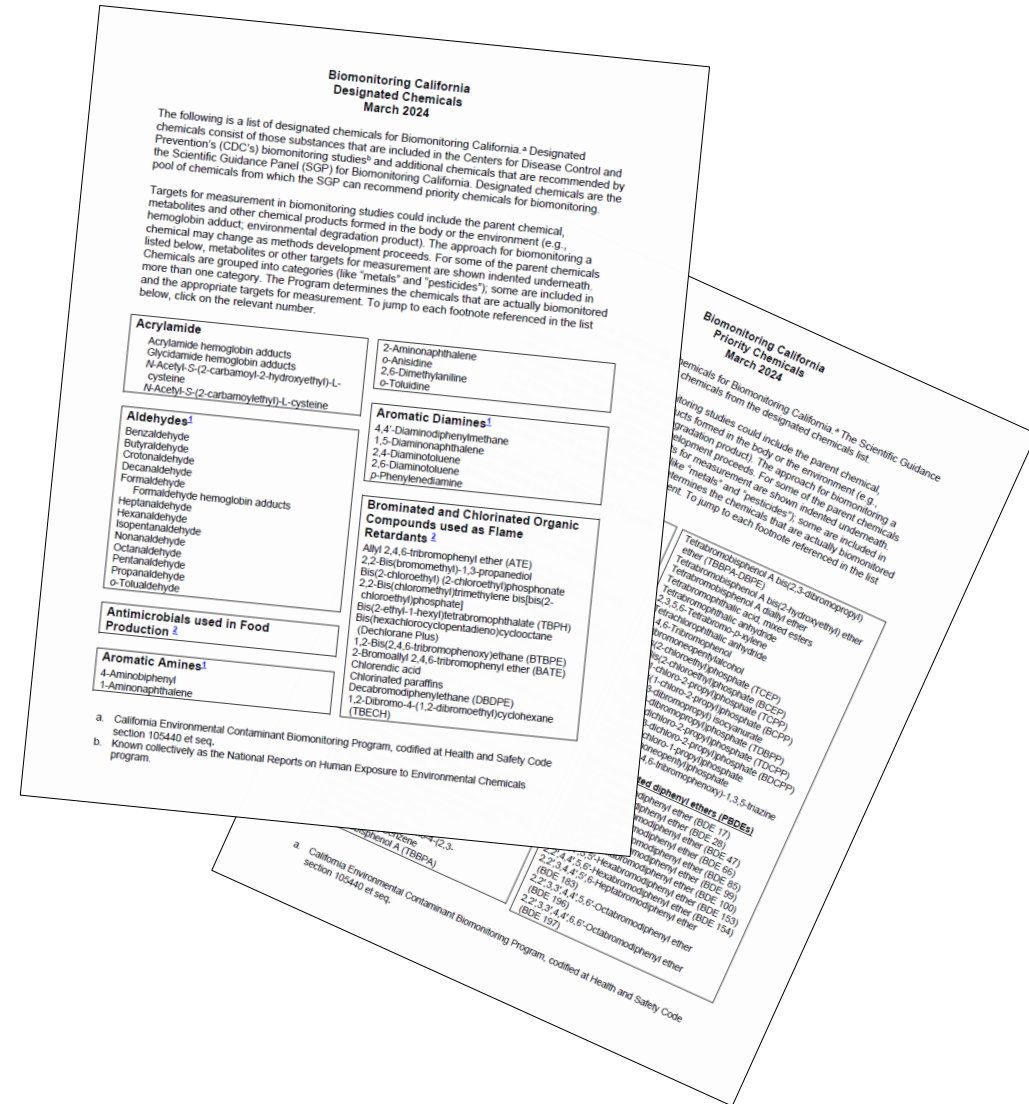
Added in accordance with CDC updates:

Chemical groups:

- Chlorine (chlorotyrosine adducts)
- Terpenes

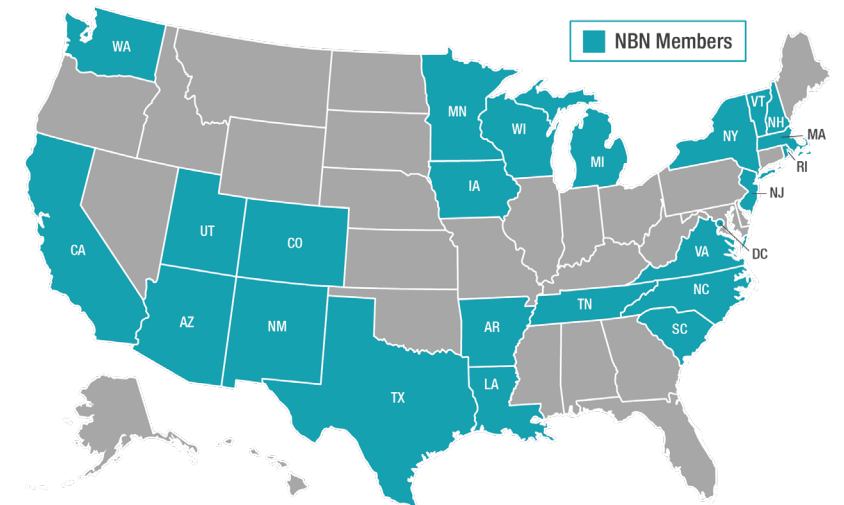
Other additions:

- Two volatile organic compounds (VOCs)
 - Furfural
 - 5-Hydroxymethylfurfural



National Biomonitoring Network

- Biomonitoring California presentations
 - Practical Approaches to Interpreting and Communicating Biomonitoring Results
 - Associations between PFASs in Drinking Water and Serum Among Southern California Adults
 - PFAS Exposures and Fish Consumption Among Asian/Pacific Islanders in the San Francisco Bay Area



Staff Update

| | | | |
|--------------------|-------------------|-------------------------|----------------------------|
| Dinesh Adhikari | Dina Dobraca | Emilie Kadhim | Jianwen She |
| Kathleen Attfield | Julian Edwards | Amber Kramer | Dan Sultana |
| Hyoung Gee Baek | Toki Fillman | Ilaria Lentricchia | Sayaka Takaku-Pugh^ |
| Paramjit Behniwal | Jonathan Gallardo | Kiera Melton | Darcy Tarrant |
| Emily Beglarian | Songmei Gao | Meltem Musa | McKenna Thompson |
| Rebecca Belloso | Qi Gavin | Bishnu Neupane | Jeff Wagner |
| Kelly Chen | Ranjit Gill | June-Soo Park | Miaomiao Wang |
| Key-Young Choe | Amanda Hooker | Eimi Percival^ | Shizhong Wang |
| Josephine DeGuzman | Susan Hurley | Aalekhya Reddam^ | Yunzhu (Judy) Wang |
| Jagdish Dhaliwal | Stephanie Jarmul | Martha Sandy | Nerissa Wu |
| Joginder Dhaliwal | Duyen Kauffman | Roshni Sarala | Ruihong Xiao |

^New staff



Questions?