# 4-t-Octylphenol Fact Sheet

4-t-Octylphenol is an industrial chemical used to make rubber products, such as tires. It is also used to make detergents and other products, such as adhesives and inks.

| 4-t-Octylphenol is found in | • Rubber products, like tires.  
• Recycled rubber products, including artificial turf for athletic fields and playgrounds and rubber gardening mulch.  
• Some detergents, adhesives, inks, paints, and varnishes. |
| Possible health concerns | Scientists are still studying how 4-t-octylphenol may affect people’s health. There is concern that 4-t-octylphenol:  
• May interfere with the body’s natural hormones.  
• May affect the reproductive system. |
| Possible ways to reduce exposure | • Based on studies conducted so far, exposure to 4-t-octylphenol is expected to be very low for most people.  
• No actions are suggested to reduce exposure. |