

CALIFORNIA ENVIRONMENTAL CONTAMINANT BIOMONITORING PROGRAM
(BIOMONITORING CALIFORNIA)
SCIENTIFIC GUIDANCE PANEL MEETING
CONVENED VIA WEBINAR BY:
OFFICE OF ENVIRONMENTAL HEALTH HAZARD ASSESSMENT
CALIFORNIA ENVIRONMENTAL PROTECTION AGENCY
STATE OF CALIFORNIA

TUESDAY, MARCH 7, 2023
10:00 A.M.

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APPEARANCES

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GUEST SPEAKERS:

Matt MacLeod, PhD, Department of Environmental Science,
Stockholm University

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1 First, planning and designing the Studying Trends
2 in Exposures in Prenatal Samples, or STEPS project. This
3 discussion included input on considerations for selecting
4 counties in California for retrospective and prospective
5 sampling.

6 Second, options for timing of urine collection
7 for the FRESSCA-Mujeres project and suggestions for the
8 types of information to be collected through the study.

9 Third, potential topics to consider for potent --
10 for 2023 SGP meetings.

11 A summary of input from the November meeting and
12 the complete transcript are posted on the November meeting
13 page at biomonitoring.ca.gov.

14 I'll now invite Panel members to introduce
15 themselves. I'll call on each member and ask you to state
16 your name and affiliation.

17 First, Lara Cushing.

18 PANEL MEMBER CUSHING: Hi. Good morning. This
19 is Lara Cushing. I'm at the University of California, Los
20 Angeles in the Department of Environmental Health
21 Sciences. And just one note, I will have to step out
22 early at about 11:50 today. Nice to be here.

23 DR. COGLIANO: Okay. Thank you.

24 Ulrike Luderer.

25 PANEL MEMBER LUDERER: Hi. I'm Ulrike Luderer.

1 I am a Professor of Environmental and Occupational Health
2 at the University of California, Irvine.

3 DR. COGLIANO: Thank you.

4 Jenny Quintana.

5 PANEL MEMBER QUINTANA: Hi. I'm Penelope, or
6 Jenny, Quintana. I'm at the School of Public Health at
7 San Diego State University.

8 DR. COGLIANO: Okay. Thank you. We also have
9 Oliver Fiehn from UC Davis, Tom McKone from UC Berkeley
10 and Lawrence-Berkeley Lab, and Carl Cranor from UC
11 Riverside who will be joining a little bit later in this
12 meeting.

13 And now, I'd like to turn the meeting over to Meg
14 Schwarzman from UC Berkeley who is our Panel Chair.

15 CHAIRPERSON SCHWARZMAN: Thanks so much. I
16 appreciate it, Vince.

17 Let's see, my -- I think my first task is to
18 provide a reminder to Panel members that -- to please
19 comply as usual with the Bagley-Keene requirements. So
20 that's a requirement that all discussions and
21 deliberations of the Panel need to be conducted during the
22 meeting and not on breaks or with individual members of
23 the Panel on- or off-line, including via phone, email,
24 chats, or text messages.

25 So our goals for the meeting today are, first,

1 we're going to hear a presentation from our guest speaker
2 on the use of a population-based pharmacokinetic model to
3 help interpret the PFAS data from the CARE study. We'll
4 also, after that, be hearing an update on Program
5 activities, including community biomonitoring studies, so
6 that's a two-part update. There will be time for
7 questions from the Panel and the audience after each
8 presentation.

9 So here's logistics for how to ask and answer
10 questions and comments, provide questions and comments.
11 So during the question periods after each talk, it's great
12 if speakers could remain unmuted with your webcam showing,
13 so that you can respond to questions from the Panel and
14 from the audience. For SGP members, if you want to speak
15 or ask a question, please just raise your hand like
16 physically. I'll watch you and call on you at the
17 appropriate time. You can unmute yourself and ask your
18 question or provide your comment. I think we're all
19 mostly used to this by now.

20 For webinar attendees, if you have questions or
21 comments for the question periods after each talk, submit
22 them via the Q&A feature of Zoom webinar or by email. And
23 that address is biomonitoring@oehha.ca.gov. And I will be
24 checking in with staff about questions from webinar
25 attendees during the process. We won't be using the chat

1 function during the meeting, so if you put something in
2 that way, we won't see it. Please keep your comments
3 brief and focused on the items that are under discussion
4 and we'll read aloud relevant comments, paraphrasing them,
5 if necessary, for length.

6 If webinar attendees want to speak during the
7 public comment periods and discussion sessions, use the
8 raise-hand feature on the Zoom webinar and I'll call on
9 you.

10 So our first agenda item, as I mentioned, is a
11 presentation by Matt MacLeod. I'll introduce him and then
12 we'll go ahead. So Matt MacLeod is Professor of
13 Environmental Chemistry in the Department of Environmental
14 Science at Stockholm University in Sweden. We really
15 appreciate your willingness to stay up late to attend our
16 meeting in this time zone. He is a Fellow of the Royal
17 Society of Chemistry and Associate Editor of the RSC
18 journal *Environmental Science: Processes & Impacts*. He
19 studies the factors that control human and environmental
20 exposure to pollutants using mathematical models to
21 quantify exposure and design and interpret laboratory
22 experiments and field studies. The goal of his research
23 is to build a quantitative and process-level understanding
24 of factors that determine exposure to environmental
25 pollutants and microplastics, and to develop practical

1 tools and guidance that support rational management
2 strategies.

3 Today, Matt will be presenting on the application
4 of a population-based pharmacokinetic model for
5 interpreting PFAS data from the California Regional
6 Exposure Study, or CARES. I'll turn it over to you, Matt.
7 Thanks for being here.

8 (Thereupon a slide presentation).

9 DR. HOLZMEYER: You need to unmute, Matt.

10 DR. MACLEOD: There we are. I was just saying
11 let me know if you have trouble hearing me. And now that
12 worked perfectly. So I hope you can hear me now. And you
13 see my slides, is that right, Meg?

14 CHAIRPERSON SCHWARZMAN: All good.

15 DR. MACLEOD: Perfect. Good. Okay.

16 Yeah, I appreciate the opportunity to talk to you
17 a bit about -- I'm really going to talk about 13 years I
18 think of research that I've been involved in in developing
19 and applying what we call population-based pharmacokinetic
20 models to describe biomonitoring data. And at the end of
21 this talk, I will show you a few slides where we have
22 applied this modeling approach to some of the California
23 Biomonitoring data. And this I've done in collaboration
24 with Kathleen Attfield.

25 All of this work, in collaboration with -- or

1 with the California Biomonitoring data, was actually
2 possible because I came to visit in Berkeley four or five
3 years ago before the pandemic on a Marie Curie funded
4 secondment, which was money from the European Union that I
5 was awarded to find and make new collaborations. So that
6 was a nice opportunity and you'll see why as I go through
7 the talk. Quite a bit of the talk deals with
8 biomonitoring data from the United States. I'll only get
9 to the California data at the end, but you'll see lots of
10 data from NHANES as I get into the -- into the talk.

11 On my title slide here, I have myself as the
12 presenter. Malicka Laroussi did a lot of the work that
13 you'll see at the end of the talk on the California data.
14 She's a student who worked with me until recently here in
15 Stockholm. Kathleen, of course, is our collaborator there
16 in California. All of these people at the bottom have
17 been involved in developing this modeling approach over
18 the last decade or so. Very notable in this list is
19 Roland Ritter. And you'll see that he was the original
20 developer of this population-based pharmacokinetic
21 modeling as part of his PhD work about ten years ago now.

22 So I want to start -- let's see if this works.

23 --o0o--

24 DR. MACLEOD: Yeah. I think on this -- in this
25 Panel and in this group, I don't have to tell you that we

1 all have chemicals in our bodies. How much chemical you
2 have in your body is determined by the balance between
3 exposure and elimination. And if you want to estimate the
4 concentration or the body burden of chemical in somebody's
5 body, in your own body, or in an individual's body, a
6 simple way to do this is with a one-box pharmacokinetic
7 model. That's a model that just balances exposure with
8 elimination to calculate concentration. So you might, for
9 this individual, estimate intake of a chemical as a
10 function of time, and maybe if this is time in years and
11 this is the intake of a persistent organic pollutant,
12 there is some increasing phase of exposure, a near peak of
13 exposure, and then a decreasing phase of exposure.

14 And -- so this is your exposure function. The
15 elimination in a simple one-box pharmacokinetic model, you
16 could parameterize as a first-order process. Just assume
17 that this elimination rate constant is -- that this
18 elimination is characterized by a first-order rate
19 constant that's independent of concentration. And this
20 works very well for lots of different kinds of persistent
21 organic pollutants and pollutants that we have in our
22 bodies, especially when they're at low concentrations,
23 such that you're not having a physiological response
24 that's causing a concentration-dependent elimination. So
25 this one-box pharmacokinetic model is very useful for

1 individuals.

2 --o0o--

3 DR. MACLEOD: And it look likes this if you write
4 it down mathematically. And here, if you don't want to
5 get too far into the mathematics, I just drew some arrows
6 here, so that you could see the concentration is in these
7 two terms. On the left side of the equation it's what
8 we're solving for, the rate of change of concentration
9 with time in this case in a differential equation. That's
10 actually dependent on the concentration itself. The rate
11 of change is just these first-order elimination rate
12 constants multiplied by that concentration.

13 Here now, I just told you that we would
14 characterize elimination with a first-order elimination
15 rate constant. There's actually two here, one for the
16 elimination rate of the chemical, which could be by
17 excretion into urine, for example, or into feces, or
18 sloughing off of skin, all these different mechanisms.
19 This other term is a rate constant for growth dilution,
20 especial -- this is especially important for children who
21 grow very quickly over the course of a certain period of
22 their life. It can be important also when you speak about
23 demographic -- in a demographic sense for older
24 populations where people tend to lose weight as they get
25 older and you get actually negative growth, which can

1 cause a concentration of the chemicals that you're
2 carrying within in your body.

3 And then the exposure part of the equation is
4 here at the end. This is, in this case, an intake
5 function for the chemical through diet I've assumed as
6 the -- as the dominant exposure pathway in this case.
7 Again, this is a function of time. And if this particular
8 one-box pharmacokinetic model equation was set up for a
9 lipophilic chemical that tends to accumulate in lipids, so
10 I've included here an *f* factor for absorption efficiency
11 and then the massive lipid within the body sort of
12 assuming that we're measuring this concentration on a
13 lipid-normalized basis. You'll see in a second that we
14 take away this assumption when we work with PFAS, which
15 are not lipophilic chemicals. But that's a one-box
16 pharmacokinetic model. Probably many of you in this group
17 have seen this kind of model before.

18 --o0o--

19 DR. MACLEOD: We turn that one-box
20 pharmacokinetic model into a population-based
21 pharmacokinetic model just by running it a bunch of times
22 for different representative individuals born in different
23 years. So that's what I've illustrated here. Each of the
24 lines in this plot of concentration now of a lipophilic
25 chemical in nanograms per gram lipid normalized

1 concentration within the bodies of people over time. Here
2 are nine individuals, one born every 10 years starting in
3 1931.

4 So the first individual I guess is this blue
5 line. They are born in 1931. They start to accumulate
6 this chemical. I believe this chemical is PCB 155.
7 You'll see it in a second on the next slide. Lots of
8 accumulation early in life from transfers from breast
9 feeding. Then there's a period of growth dilution
10 perhaps, where concentration goes down a little bit. This
11 is all superimposed upon an assumed intake function, which
12 is increasing between the 1930s and the 1970s for PCBs.
13 So you see all of these different individuals born in
14 1931, 1941, 1951, and 1961 with rising concentrations in
15 their bodies over time up to about 1973, 1975, when you
16 have peaks of exposures.

17 And then all of these individuals who were born
18 before the peak in exposure from PCBs in this case, they
19 all start to fall. They have declining concentrations
20 with the same rate constant. This is determined by this
21 intrinsic elimination half-life. People born after the
22 peak of exposures have much lower body burdens over the
23 course of their lifetimes, because they're not
24 experiencing this high exposure -- this high peak of
25 exposure.

1 And this is -- this is our population-based
2 pharmacokinetic model. This is what it does. We put
3 together a whole bunch of individual single-box
4 pharmacokinetic models. We don't model an individual born
5 every 10 years, but an individual born every year for
6 about 100 or 120 years. And we use this to build a
7 picture of the population composed of these representative
8 individuals.

9 --o0o--

10 DR. MACLEOD: And with that, we can then look at
11 the population in a couple of different dimensions. So
12 you can then look at across the whole population, the band
13 of the range of concentrations in -- of, in this case, PCB
14 153 and PCB 52 now the range in concentrations in the
15 whole population at different times and you can look at
16 cross sections of the population in term -- as
17 concentration within the bodies of the people as a
18 function of age at different times.

19 So here, I took two times -- or four time slices
20 out of this -- these population distributions, one in 1983
21 shortly after the peak of exposures to PCBs. At the top
22 here are graphs of the average daily intake or the adult
23 reference daily intake for PCBs. All of this data
24 actually is, in this case, parameterized for the UK
25 population, because we've used monitoring data or

1 measurement data from -- of body burdens of PCBs within
2 the UK population from these two studies as a case study
3 for the model.

4 This is also a nice case study, because there are
5 many whole diet intake studies for PCBs from the UK. So
6 we can simultaneously then fit the model to exposure
7 levels and trends, which come from total diet surveys, and
8 whole body or body burden estimates that come from
9 analytical chemistry studies of concentrations of PCBs in
10 the bodies of the people. And then we can fit the model
11 to both of these things simultaneously to get the best
12 possible picture of how intake and elimination conspire
13 with each other to determine the levels that we see within
14 the population.

15 And so what we see is a changing in the shape of
16 the concentrations with age within the population.
17 Shortly after that peak of exposure, you see almost
18 everyone in the population over the age of about 20 has
19 the same concentration of PCB 153 in this case. Then, in
20 1990, and in 2003, and in 2015, you start to see this
21 plateau effect, where it's only the older members of the
22 population who have this level or flat level of
23 concentrations. That's that memory of the peak
24 concentration. All of those members of the population
25 have declining body burdens along that same curve. There

1 are fewer and fewer of them as time goes on, of course,
2 because we don't model people above the age of about 90.
3 We're assuming that they've died.

4 This is for PCB 153, which is -- which has long
5 residence time in the body as a -- as a persistent PCB
6 congener. PCB 52 is metabolized and excreted much more
7 rapidly. And in that case, you don't see this sort of
8 memory effect of the peak exposure, but instead everybody
9 in the population is stepping down at sort of the same
10 rate. This is determined by the rate of change of
11 exposure actually as where -- because exposure is falling
12 more slowly than the rate of elimination of the chemical.

13 So this is the kind of information you can get
14 from this population-based pharmacokinetic modeling
15 approach. You get explanations -- mechanistic
16 explanations for these age concentration shapes that you
17 see in biomonitoring data. You get explanations -- or you
18 get a mechanistic explanation that -- of why persistent
19 substances have different age concentration profiles than
20 less persistent substances or less biopersistent
21 substances, and you get a quantif -- and you get a
22 quantification of this relationship between intake and
23 elimination in determining concentration.

24 --o0o--

25 DR. MACLEOD: So this is where we started. I

1 mentioned at the beginning about Roland Ritter. These are
2 the two papers that Roland published as part of his PhD
3 thesis. This is from 2009, 2010, so about 13 years ago
4 now.

5 --o0o--

6 DR. MACLEOD: With that as background, we became,
7 or I especially became interested in applying this
8 framework to perfluorinated substances, especially
9 substances like PFOS. And the reason here, the motivation
10 here is clear because PFOS is currently the most abundant
11 persistent organic pollutant measured in humans. And this
12 is just a summary of data from NHANES from a few years
13 ago, which takes averages of this age concentration
14 profile for PFOS. And one of the interesting things about
15 PFOS, you see a few things that are common with the PCBs.
16 If you look just at men, you see this increase and then a
17 sort of a plateau, so it looks a bit like PCB 153, a
18 persistent pollutant with perhaps long residence times in
19 the body.

20 But you also see something interesting, this
21 interesting difference between men and women within the
22 population, where women have much lower - outside of the
23 range of variability within the data - much lower body
24 burdens than men, especially up to the age of about 55 or
25 60 when then they sort of come back together.

1 --o0o--

2 DR. MACLEOD: So one of the things that we wanted
3 to investigate starting around 2014 was this research
4 question, could loss of PFOS by menstruation explain the
5 different body burdens between women and men? And this
6 was a research question that was kind of in the air around
7 2014.

8 On the first slide you might have seen the name
9 Jochen Mueller. He's a professor in Australia who I've
10 collaborated with on this work. And he was already
11 looking at this question of elimination of PFOS,
12 especially through blood loss. He was looking at cohorts
13 of patients who have hemochromatosis, which is a
14 particular disease which is treated by frequent blood
15 removal to prevent the build-up of heavy metals in blood
16 among people who don't eliminate these naturally. And he
17 had noticed this difference between women and men and had
18 posed this as a hypothesis in at least one research paper
19 before we came along to try to investigate this question.

20 --o0o--

21 DR. MACLEOD: So what we had to do to address that
22 research question was modify our population-based
23 pharmacokinetic model. Remember it's built on this
24 framework of individual pharmacokinetic models for
25 individuals. What we needed to do was add another

1 elimination rate constant to this K-elim as an extra
2 elimination pathway from blood loss and then parameterize
3 this to represent menstrual blood loss elimination by
4 women as a way of addressing that research question that I
5 talked about before.

6 So we did this by introducing a new term to
7 describe losses of perfluorinated chemicals, or PFOS, with
8 menstrual blood. This new term is just a flow rate -- a
9 volumetric flow rate of blood loss divided by something
10 called the volume of distribution. Volume of distribution
11 is, if you're an environmental scientist or an
12 environmental chemist, it's just a partition coefficient,
13 but it's a partition coefficient with funny units that
14 measures the distribution of perfluorinated chemicals or
15 any chemicals between the whole body of a person or an
16 organism and the blood.

17 So keep in mind as we go through the next slides,
18 it has these funny units then of milliliters per kilogram,
19 because you use by convention a measure of the whole body
20 concentrations of chemicals in nanograms per kilogram and
21 the concentration in blood in nanogram per milliliter. So
22 you get these funny units of milliliters per kilogram. To
23 keep in mind here is a low volume of -- a low volume of
24 distribution means that the chemical prefers blood. You
25 have a high fraction of the total amount of chemical in

1 your body in your blood, a high volume of distribution.
2 You have a high fraction of the chemical in other tissues,
3 other organs of your body. So PCBs for example have very
4 high volumes of distribution, up in the millions, probably
5 unmeasurable.

6 You'll see for PFOS and perfluorohexane
7 sulfonate, we can get values here that are more like 100
8 nanogram per milliliter. This is a low volume of
9 distribution for chemicals that are distributed
10 appreciably into blood when you look at the whole body.

11 So with this new process description, we needed
12 to parameterize it. Men, of course, don't have menstrual
13 blood loss as a loss pathway for PFOS. Their flow rate of
14 menstrual blood throughout their life is zero. Women have
15 menstrual blood loss, so they have a non-zero loss of
16 blood, especially in these years between puberty and
17 menopause, between about the ages of 15 and 50, I believe,
18 in our modeling framework.

19 And just for modeling purposes, we kept a set of
20 imaginary women within our modeling framework. These
21 were -- this is the way that we modeled women in the
22 beginning when we were thinking about PCBs, which do not
23 distribute appreciably to blood. We didn't include
24 menstrual blood loss originally, so implicitly we were
25 modeling women as not having this as a loss pathway

1 either. We kept them in here for comparison sake when we
2 started to investigate this hypothesis, but these are
3 obviously imaginary women.

4 --o0o--

5 DR. MACLEOD: So this is a -- for this case
6 study, we worked with the NHANES data. This was in 2014
7 or 2015. At that time, from NHANES, we had five years of
8 cross-sectional biomonitoring data of PFOS in men and
9 women within the U.S. population. We set up an initial
10 estimate of the intake function or the rate of intake as a
11 function of time of PFOS for the U.S. general population
12 based on product use data. We used that as an input to
13 our pharmacokinetic model. We used that then -- we used
14 then as fitting parameters the whole body elimination rate
15 constant and a refined intake fraction where we just used
16 two fitable parameters to describe this intake function,
17 so we could then go in a kind of loop here and iteratively
18 fit the model to the data until we got the best possible
19 fits.

20 And the outputs of interest then are this
21 intrinsic elimination rate constant for men, women, and
22 for men, for menstruating women, and for non-menstruating
23 women, and a refined intake function estimate for PFOS
24 over time.

25 --o0o--

1 DR. MACLEOD: So what this looks like, here is
2 the five years of biomonitoring data that we had to work
3 with in 2014 from the NHANES study. Men are at the top in
4 blue, women underneath in red. This looks a lot like that
5 first slide that I showed you, men in general having
6 higher whole body -- or higher concentrations of PFOS in
7 their blood than women over time. Everything is falling,
8 because by the -- by 1999 already, there was a phaseout of
9 PFOS underway and concentrations within the population are
10 falling throughout this period.

11 When we fit our population-based pharmacokinetic
12 model to this data for men, we inferred an elimination
13 half-life of five and a half years for PFOS. And this is
14 the model fits in this blue line. For these imaginary
15 women who do not have menstruation as a loss process, you
16 can see the model fits are quite a bit worse than they
17 were for the men. The shape of the curve is not correct.
18 The half-life that we calculate is 4.3 years. It's faster
19 than it is for men, which represents this sort of faster
20 losses by women, but we're not fitting the data -- we're
21 not fitting the cross-sectional data in a reasonable way.
22 And only when we include this menstruation as a loss
23 process do we get more qualitatively the right shape in
24 this age concentration relationship for women for the PFOS
25 in the general U.S. population.

1 --o0o--

2 DR. MACLEOD: So a little bit of a frustrating
3 thing in this was the intrinsic elimination rate constant
4 that we calculated for men and women -- for men and
5 menstruating women did not quite overlap our confidence
6 intervals. Intrinsic elimination rate constant for men -
7 this is elimination by all processes that are available to
8 men - was about five and half year -- or was five and a
9 half years. The intrinsic elimination rate constant for
10 women - now this is for loss processes that are not
11 including menstruation - is 4.9 years.

12 --o0o--

13 DR. MACLEOD: These two do not overlap. If
14 menstruation was the only explanation for the difference
15 in body burdens between men and women, then these two
16 should overlap, because we would have included in the
17 model the thing -- the key thing that was different for
18 women from men. So this was a little bit frustrating for
19 our hypothesis. If you remember at the beginning, the
20 hypothesis we were investigating was whether menstruation
21 explained the difference between men and women. And from
22 this study in 2014, we concluded that it did not quite
23 explain the difference. It explains quite a lot of the
24 difference, but not all of it.

25 --o0o--

1 DR. MACLEOD: So here's that research question.
2 The answer is a qualified yes. Assuming the same intake,
3 the model fits for data were just -- or the model fits to
4 data for women were just as good as they were for men.

5 --o0o--

6 DR. MACLEOD: That's what I've shown here.
7 Here's the root mean squared error of the model for fits
8 to men. This is the root mean squared error for -- sorry,
9 I'm bouncing around. This is the root mean squared error
10 for fits for women when you include menstruation. If you
11 don't include menstruation, there's much higher model
12 error. There's something missing in the model. So this
13 is part of our explanation for saying that menstruation is
14 an important loss process.

15 But these elimination rate constants that should
16 have overlapped if menstruation could have accounted for
17 all of the differences between men and women did not
18 overlap and this was a little bit disappointing actually
19 at that point in our research.

20 --o0o--

21 DR. MACLEOD: This study was published in
22 these -- in this paper in *ES&T*. And there's actually a
23 very nice comment that came afterwards from a couple of
24 doctors -- medical doctors who helped us to -- who pointed
25 out actually that we had parameterized menstrual blood in

1 not the most optimal way. And when we reparameterized
2 with the recommendations from this comment, we actually
3 got improved data fits with the model.

4 --o0o--

5 DR. MACLEOD: So that was a nice case of getting
6 some outside. It would have been nice to have this I
7 guess before we published the study, but it was nice to
8 get it corrected as well.

9 So this brings us up to Malicka's work and
10 together with Kathleen. When we went to -- when I went to
11 California and visited with Kathleen and I learned about
12 the California Biomonitoring data, one of the things that
13 we wanted to do was as preparation for trying to compare
14 the California Biomonitoring data to the NHANES, to
15 compare the California populations to the general U.S.
16 population, was to update our work on NHANES, because by
17 2022 when Malicka started to do her work, the NHANES data
18 had been expanded in the first case. There were several
19 new years of biomonitoring data available. I don't -- did
20 I get the -- yeah, I got these correct. 2011, 2013, and
21 2015 were now available.

22 And in addition, the 1999 data had been
23 retracted, which was actually quite interesting for me,
24 because if you go back in the slides and look, the 1999
25 data was a little bit funny looking even in our -- in some

1 of our population-based pharmacokinetic model fits. So we
2 went back and revisited these assumptions.

3 We -- I'll show you in a second. Based on our
4 results, we actually applied the population-based
5 pharmacokinetic model to many more PFAS, not just PFOS,
6 but several others using this assumption that menstrual
7 blood loss does account for the difference between men and
8 women. A barrier to doing this -- to doing this kind of
9 analysis for perfluoroalkyl substances where you don't
10 have any independent estimate of volume of distribution is
11 that you can't apply the model without that volume of
12 distribution information. So I'll show you in a second
13 with these new data.

14 --o0o--

15 DR. MACLEOD: Here is an example. So here's the
16 update for PFOS, again men in blue and women in red. Now,
17 what we had previously was 1999, that data has been
18 rescinded or taken back by the NHANES people. So the
19 same -- we have the same data from 2003, 2005, 2007, and
20 2009. And then for PFOS there, so it's just two more
21 years of data from 2011 and 2015. Here are the model fits
22 for these data. Here is the intake function for PFOS from
23 the optimized model. It shows basic -- you know, this is
24 negligible intake -- intake rising exponentially between
25 about 1950 and 1990, then a peak of intake between 1990

1 and 1998, and exponentially falling exposures after 1998.

2 --o0o--

3 DR. MACLEOD: The -- these model fits for men and
4 women, now I'm only showing menstruating women. I'm not
5 showing these imaginary women who don't, have intrinsic
6 elimination half-lives of 4.3 years for men and 4 years
7 for women. These do overlap when we use a volume of
8 distribution for PFOS of 250 milliliters per kilogram.
9 This is a value that's in very good agreement with other
10 independent studies and in good agreement with what we
11 used before in the 2014 study.

12 So now, we were in a case where menstrual blood
13 loss does account for most -- or for enough of the
14 difference between men and women that it's -- it seems
15 like a reasonable assumption for other PFAS to use the
16 model fits to estimate volume of distribution. Here's the
17 root mean squared error plots for PFOS. And actually, we
18 fit the women in these new NHANES data with a little bit
19 higher -- a little bit lower root mean squared error and a
20 little bit higher coefficient of determination than we do
21 the men.

22 There's a few sort of technical reasons why that
23 is the case. But if any of you are really interested in
24 models and data analysis, we can talk about it in the
25 questions I guess.

1 --o0o--

2 DR. MACLEOD: Here's PFOA, perfluorooctanoic
3 acid. A similar story to PFOS. Again, volume of
4 distribution of about 250 or 260 milliliters per kilogram.
5 So you see quite a difference between women and men, women
6 between the ages of about 15 and 50 and men. Again, the
7 inferred intake function.

8 --o0o--

9 DR. MACLEOD: Now, the elimination half-life for
10 PFOA is a bit shorter than it is for PFOS. Remember, for
11 PFOS, this was a little more than four years. And now for
12 PFOA, it's more like three and a half or three years. But
13 again, there's not such a large discrepancy between the
14 women and men in this analysis. And again, the model fits
15 for women and men are both quite good and comparable to
16 each other.

17 --o0o--

18 DR. MACLEOD: Now for PFNA, perfluorononanoic
19 acid, already in these -- in the biomonitoring data, you
20 can see that the difference between men and women for
21 perfluorononanoic acid is less dramatic than it was for
22 PFOA and for PFOS. And if you remember what I was saying
23 before, a low volume of distribution implies a high
24 affinity of the chemical for blood. This smaller
25 difference between men and women implies that

1 perfluorononanoic acid is less -- you know, has a higher
2 volume of distribution, meaning higher affinity for other
3 organs relative to blood. You do see that. This is 300
4 compared to about 250 for PFOS and PFOA in our model fits.
5 The intrinsic elimination half-life is quite similar to
6 those for PFOS, something around four years.

7 Again, we get an inferred intake function. An
8 interesting thing now is even in this pharmacokinetic
9 modeling, we're seeing now for perfluorononanoic acid a
10 later start of the decline -- start of the decline in
11 exposures. This is now in the year 2007. You can see
12 this in the biomonitoring data - 2003, 2005, 2007. All of
13 these biomonitoring years look quite similar. If
14 anything, there's a little bit of an increase in
15 concentrations during this time. And then you don't see a
16 decline starting until 2011, 2013, 2015. This is in
17 contrast if you look back to PFOA or PFOS where we had
18 declining concentrations right through the biomonitoring
19 series.

20 --o0o--

21 DR. MACLEOD: Excuse me. Yeah. Sorry, this plot
22 is missing. I realized when I made up the slides actually
23 that I had the wrong plot here for the men. And rather
24 than show the wrong data, I just deleted the plot. But
25 you'll have to trust me that the fits for men and women

1 are comparable for perfluorononanoic acid as well.

2 --o0o--

3 DR. MACLEOD: Here's perfluorodecanoic acid.

4 Once again, a later start of the decline in exposures.

5 Now you see an even smaller difference between men and

6 women. It's getting hard to even detect visually in the

7 plots. This volume of distribution of 600 milliliters per

8 kilogram much higher.

9 --o0o--

10 DR. MACLEOD: And again, the model fits in -- for

11 men and women are comparable.

12 --o0o--

13 DR. MACLEOD: Perfluoroundecanoic acid similar to

14 the perfluorodecanoic. Again quite a high volume of

15 distribution compared to PFOS and PFOA.

16 --o0o--

17 DR. MACLEOD: And then finally an interesting

18 one, perfluorohexanesulfonate. Now you see a very

19 dramatic difference between men and women. This

20 corresponds to the lowest volume of distribution that

21 we've seen for any of the substances that we've looked at

22 so far. Again, quite a -- quite a high biopersistence

23 here, but very strong affinity for blood relative to other

24 organs for perfluorohexanesulfonate.

25 --o0o--

1 MS. JARMUL: Hey, Matt, this is Stephanie.

2 Sorry.

3 DR. MACLEOD: Yeah.

4 MS. JARMUL: We're a little bit over. I was
5 wondering if maybe we can talk about the CARE data and --

6 DR. MACLEOD: I'm very -- yeah.

7 MS. JARMUL: Okay.

8 DR. MACLEOD: I will jump there.

9 MS. JARMUL: Thank you.

10 DR. MACLEOD: I'll jump over the -- I'll jump
11 over the inferred volumes of distribution. The summary of
12 this is our volumes of distribution are consistent with
13 many of those reported in the literature but not all. And
14 then -- so finally then, here's the CARE biomonitoring
15 data to put this in context.

16 --o0o--

17 DR. MACLEOD: I think you guys in this group will
18 be familiar with these data from 2018 from LA County and
19 from 2019 from Southern California population.

20 --o0o--

21 DR. MACLEOD: What I've done is just added them
22 to the bottom here. So across the top here is the PFOS
23 NHANES data that we saw before. And then using the same
24 exposure parameters and elimination parameters, but
25 fitting the intake functions to these data.

1 --o0o--

2 DR. MACLEOD: We can get very good fits to the
3 2018 and 2019 CAREs -- CARE data. For PFOS, for
4 perfluorohexanesulfonate again showing this big difference
5 between men and women attributable to low volumes of
6 distribution. And I only showed those two examples, but
7 we've done all of the PFAS that I talked about before in
8 comparing the California data to the NHANES data.

9 --o0o--

10 DR. MACLEOD: So under the assumption that volume
11 of distribution and whole body elimination rate constant
12 are the same in the California populations and in the U.S.
13 general population, we test the hypothesis that there is
14 different exposures in California and we don't see obvious
15 evidence of that. There's a few cases where there's some
16 differences, but the CARE data is these are much smaller
17 data sets than the NHANES data, so it's a bit difficult to
18 say where just variability from small sample size or
19 smaller sample sizes is causing a bit of a discrepancy.
20 But there isn't an obvious difference in the intakes
21 between the California populations and the general U.S.
22 population at least in this first application of the
23 model.

24 --o0o--

25 DR. MACLEOD: So with that, I could come to

1 conclusions. Sorry, Stephanie, for going a bit long. But
2 what I wanted to illustrate here was this population-based
3 pharmacokinetic modeling as a tool for interpreting
4 biomonitoring data. Using this, we can, for
5 perfluoroalkyl substances, get estimates of intake levels
6 and trends from biomonitoring data and estimates of
7 intakes where they're available. And the model delivers
8 estimates of intrinsic elimination half-lives and volumes
9 of distribution for these substances.

10 And I'll end there.

11 --o0o--

12 DR. MACLEOD: I have -- I have an acknowledgment
13 slide, but these are all European funding agencies that
14 funded my travel. So I don't think that they're familiar
15 to many of you or European projects that funded my travel
16 actually.

17 CHAIRPERSON SCHWARZMAN: Great. Thank you so
18 much, Matt. We have time now for questions from Panel
19 members and from the audience and then we will have a
20 longer open discussion period. So for the moment, let's
21 do clarifying questions from webinar attendees and from
22 Panel members. And Panel members can just raise their
23 hands. I see Ulrike and Jenny. And so we'll start. Go
24 ahead, Ulrike.

25 PANEL MEMBER LUDERER: Yeah. Thank you. That

1 was a really very interesting talk. I have one question
2 or kind of -- it's kind of two questions. The first part
3 is I may have missed this, but so when you modeled
4 menstruating women, did you assume that after a certain
5 age, like 50, that was no longer a source of loss?

6 DR. MACLEOD: Yes. Exactly.

7 PANEL MEMBER LUDERER: Okay.

8 DR. MACLEOD: There is a -- there is a dynamic
9 function in the model where the -- there is no menstrual
10 blood loss before the age of 15 and then it stops after
11 the age of 50, I believe.

12 PANEL MEMBER LUDERER: Okay. And then the second
13 question is what about loss via lactation in women as
14 another possible source?

15 DR. MACLEOD: Yeah, these -- this is very --
16 these are great questions, because there is also lactation
17 and there is also child birth and blood loss associated
18 with child birth and just birth -- and just the child
19 itself. And Kathleen has actually opened my eyes and
20 pointed me to a few studies where there are statistical
21 correlations at least where women with higher parity have
22 lower PFAS concentrations.

23 And it is all -- it is significant enough that I
24 think we should be able to see it in the population-based
25 pharmacokinetic model. We have not -- so far, I have not

1 included that in any of our model scenarios. It's
2 comparable. The lactation and depuration due to breast
3 feeding is probably -- based on my best guess on this at
4 this point, the lactation and depuration due to breast
5 feeding is probably smaller than the blood loss associated
6 with childbirth and the -- and the birth of the kid
7 itself.

8 But I think that this is something that I want to
9 investigate a bit more. I think there is a chance that we
10 could even further -- now, we're talking about explaining
11 variability within the cohort of women in each age. And
12 what we might need is instead of just one representative
13 individual born each year, for women, we might need three
14 or four who have different parity over their lifetime to
15 get a -- to see if we can explain that range. And I think
16 that would be the first step toward answering this
17 question, at least in our model framework. I think
18 there's other independent studies that say that this is an
19 important depuration process for individuals. And then
20 the question is how important is that at the population
21 level that we would be interested in getting at.

22 CHAIRPERSON SCHWARZMAN: It sounds like a complex
23 balancing, because, of course, there's amenorrhea during
24 pregnancy and amenorrhea during breast feeding. And so,
25 you know, it's a complex --

1 DR. MACLEOD: Exactly.

2 CHAIRPERSON SCHWARZMAN: -- give and take and --

3 DR. MACLEOD: Yeah, yeah, yeah.

4 CHAIRPERSON SCHWARZMAN: -- some women experience
5 significant blood loss during delivery and some don't.

6 DR. MACLEOD: Not. This is part of the reason
7 that I've --

8 CHAIRPERSON SCHWARZMAN: So I respect the
9 complexity of modeling that process.

10 DR. MACLEOD: This is part of the reason that
11 I've not tried to take it on quite yet, because the model
12 is useful for looking at things at a population level.
13 And I've been sort of hoping that at the population level
14 all of this would -- you know, but what we do see is this
15 difference between men and women. This is the first thing
16 we were interested in. Trying to explain the difference
17 between women is another level of complexity lower, which
18 is -- yeah, which we haven't tried to tackle yet.

19 CHAIRPERSON SCHWARZMAN: Jenny had a question.

20 PANEL MEMBER QUINTANA: Hi. One of my questions
21 was the same as Ulrike, which was regarding lactation,
22 which you already answered, but I also was thinking at a
23 population level that women, at least in San Diego County
24 where I live, are tending to have children at an older
25 age. And it's not only is lactation an issue, another

1 complexity would be age at lactation, which is changing at
2 a population level, I think. And so I was just thinking
3 through those complexities, but -- so that was one
4 question I had.

5 Another question I had was what was the effect of
6 increased body mass or obesity on population changes on
7 the volume of distribution as well and can you comment on
8 that?

9 DR. MACLEOD: Yeah. This is a super interesting
10 question actually. We have parameterized the model with
11 age, body weight, data from the exposure factors handbook.
12 And this is fairly -- you know, it represents a snapshot
13 in time from whenever the -- now, I'm not a hundred
14 percent sure which version of the exposure factors
15 handbook we used. But certainly, there are changes in
16 obesity which -- or obesity rates, which are -- where
17 were -- which are affecting this.

18 I mentioned it at the end -- actually, if you
19 look back in the slides, you see for the very oldest age
20 group of men, especially you see a rise in concentration
21 at the end. And this is because men in their 80s and 90s
22 tend to shrink quite a bit in this exposure factors
23 handbook. So there, you see an increase in concentration.

24 Across the whole population, I think it's a more
25 difficult question to say what this whole shift towards

1 higher obesity is causing. I'm not sure that it's causing
2 a change in volume of distribution, but it does have
3 implications I think for -- at an individual level. At a
4 population level, I think it's harder to say. I wonder --
5 I don't -- I don't have a great answer, I guess. It's
6 interesting, but it's not something that we've looked at
7 yet in model scenarios.

8 PANEL MEMBER QUINTANA: Thank you.

9 CHAIRPERSON SCHWARZMAN: We have a question from
10 Jianwen.

11 Go ahead.

12 DR. SHE: Thank you very much Matthew and then
13 this modeling work, as everyone noted -- noticed, the very
14 complicated work is very useful.

15 So my question is to this first older chemical
16 reaction modeling of the pharmacokinetic modeling. You
17 know, I believe the major purpose is to interpret the data
18 what we already found in the laboratory bimonitoring data
19 we collect. Is that a predictor of future levels? And so
20 my basic question is how to use it? When is a good time
21 to use modeling? When is a good time to use real
22 laboratory monitoring? How do these two factions, two
23 measurements help each other?

24 DR. MACLEOD: Great question. I think we need
25 both actually. A really interesting thing in the modeling

1 is you might have seen all of my exposure curves just had
2 two phases and -- well three phases, an increasing
3 exposure phase, a plateau, and then a phase of
4 exponentially declining exposure. At some point, that
5 exponentially declining exposure is going to stop and
6 we're going to reach a point where even though we've
7 phased out all of the obvious sources that were causing
8 contaminations of the food supply or drinking water, and
9 we're going to reach, especially for these very persistent
10 substances like PFOS, and PFOA, perfluorohexanesulfonate,
11 we're going to reach some plateau of exposure that we
12 won't go below. And the modeling cannot predict where
13 that plateau is. You need to continue to do biomonitoring
14 to find where -- what -- you know, where that -- where
15 there is no longer possible to reduce exposures just from
16 the actions that we've taken to restrict or ban PFOS and
17 perfluorohexanesulfonate.

18 So the model can tell you what this will look
19 like. It will look like a flattening again in the -- in
20 the -- in the decline rate, but we don't know when it will
21 happen. We have to continue to monitor to find out when
22 and at what level.

23 DR. SHE: Thank you.

24 CHAIRPERSON SCHWARZMAN: Any other Panel
25 clarifying questions?

1 I have one question in the Q&A.

2 DR. MACLEOD: I see it. Should I -- can everyone
3 see it --

4 CHAIRPERSON SCHWARZMAN: Yes.

5 DR. MACLEOD: -- and read it or should I read it?

6 CHAIRPERSON SCHWARZMAN: I think so. I think
7 everybody should be able to read it. Go ahead.

8 DR. MACLEOD: Okay. Well, I could just
9 summarize. It's a question.

10 MS. JARMUL: Meg, I'm actually -- I'm not sure
11 that the attendees can see it --

12 CHAIRPERSON SCHWARZMAN: Oh, okay.

13 MS. JARMUL: -- so maybe just read it out loud
14 first.

15 DR. MACLEOD: Okay. I'll just summarize.

16 CHAIRPERSON SCHWARZMAN: That's a good point.
17 And also for the transcription. That's a great point.

18 MS. JARMUL: Yes, thank you.

19 DR. MACLEOD: Yeah. The question is asking about
20 whether there is an opportunity to compare the model,
21 especially for this hypothetical group of non-menstruating
22 women to a population of women who really don't
23 menstruate, because of contraceptive use, or there are
24 women with very low body fat, for example, who don't
25 menstruate. I think this is a -- this is a -- this would

1 be useful if we were really interested in that
2 subpopulation of women.

3 I think the other way to frame this question is
4 how well does the model work for men who lose -- who have
5 blood loss -- regular blood loss? And there are men like
6 this who are these hemochromatosis patients for example.
7 And there, you do see that they have body burdens of PFAS
8 that are lower than the general population. And there's
9 even been some studies with highly exposed populations of
10 firefighters. There's a nice paper that came out a year
11 ago that looked at a population of firefighters from
12 Australia who gave blood regularly and reduced their body
13 burdens of perfluorinated -- perfluoroalkyl substances at
14 a rate that was much faster than the general population by
15 giving blood regularly.

16 So I think like from a validation point of --
17 like depending on how you want to interpret this question,
18 if you're very interested in this particular
19 subpopulation, of course, you could do modeling and do
20 measurements of these non-menstruating women. But from a
21 model validation point of view, it's equally interesting
22 to look at men who have regular blood loss for other
23 reasons and see that they do actually have lower body
24 burdens or enhanced elimination of the perfluoroalkyl
25 substances.

1 CHAIRPERSON SCHWARZMAN: Okay. I think we can
2 move on to the section where we just have an open
3 discussion period. And a reminder that both Panelists and
4 the audience members can ask questions or provide
5 comments. And webinar attendees can do that through the
6 Q&A or through the Biomonitoring California email. And
7 we'll do this until we have a break at 11:20.

8 Comments or reflections?

9 Yes, please. Let's see, Jenny.

10 PANEL MEMBER QUINTANA: Hi. Thank you again for
11 the talk. I'm just thinking about what you mentioned
12 about the importance of biomonitoring and modeling, and
13 how they can intersect or inform each other. And I was
14 also thinking about, if I could hear your thoughts about
15 if we had deviations from your model, are there times you
16 think this could indicate a previously unknown exposure
17 pathway, for example, or could it inform hypotheses we
18 should be investigating and -- or something like that?
19 I'm just curious about what it could tell us.

20 DR. MACLEOD: I think so. And I wonder,
21 Kathleen, if you want to weigh in a little bit also,
22 because Kathleen and I have discussed a little bit about,
23 especially in the California population, about whether we
24 should look, for example, at Asian subpopulations or
25 subpopulations with a high number of immigrants who might

1 have had a different exposure history than the general
2 U.S. population.

3 You know, there's reason to believe that
4 exposures in China are much higher than they would be in
5 the United States in the last decade or two. And so
6 recent immigrants who've come from China, for example,
7 could -- an interesting hypothesis to test would be to
8 look at that subpopulation and see if there's evidence of
9 higher exposures. I think this was one of your
10 hypotheses, Kathleen, that you thought about, but I wonder
11 if you want to comment on a couple others.

12 DR. ATTFIELD: Oh, sure. I was just going to
13 confirm what you're saying that we've seen that with our
14 Asian Pacific Islander community exposure studies, which
15 is actually a nice little seed, because I'm going to bring
16 it up later in the later talk.

17 So we've seen higher levels in PFAS in the
18 Chinese Americans and Vietnamese Americans that were part
19 of that study. But we've also seen it in both CARE-LA and
20 CARE-2 in California. So it's interesting, but we'll have
21 to figure out how to work it into what you're -- what
22 you're modeling, Matt.

23 DR. MACLEOD: Yeah. I mean, I think I --

24 DR. ATTFIELD: I'm sorry. Just to add a little
25 bit more to that. We were seeing difference in time spent

1 in the -- in the country and for those born outside the
2 U.S. versus inside the U.S. So there is this concern
3 about differing body burdens that people bring to, you
4 know, a state that has such a high immigration
5 population -- immigrant population.

6 DR. MACLEOD: I think for some of these -- for
7 many of these kind of questions, the more powerful
8 modeling tools are just going to be the purely statistical
9 modeling of -- that an epidemiologist like Kathleen would
10 apply, because with this mechanistic modeling, you need
11 quite high -- you know when we're looking at the whole --
12 when we're looking at population averages, we need quite
13 big populations to iron out the interindividual
14 variability. And actually the statistical analysis that
15 epidemiologists do will get at those kind of questions --
16 we'll get answers to those kind of questions at P less
17 than 0.05 quite a bit quicker -- or on much smaller sample
18 sizes than we will with our mechanistic model. So I think
19 there's a role there for different types of modeling for
20 investigating different types of hypotheses.

21 CHAIRPERSON SCHWARZMAN: Matt, do you want to
22 look at the two points that are in the Q&A and restate
23 them and respond to those?

24 DR. MACLEOD: Okay.

25 MS. JARMUL: Or I can go ahead and just say them

1 out loud just so it's easier for the transcriber.

2 DR. MACLEOD: Yeah. Thanks, Stephanie.

3 MS. JARMUL: So we have one question. Wouldn't
4 looking at women that don't menstruate versus women who do
5 help to prove this point better than looking at men who
6 bleed?

7 DR. MACLEOD: Oh, I don't know about better, but
8 in addition. The problem with this is I don't have access
9 to any data from non-menstruating women, where I do have
10 access to data from men who give blood regularly. So I
11 think this is correct that this would be another line of
12 evidence. I don't know that it's better. But the
13 practical barrier is that I don't have access to those
14 data, so maybe it's a back end of my question.

15 Yeah, go ahead.

16 CHAIRPERSON SCHWARZMAN: Oh, a quick clarifying
17 point about that. When you say you don't have access, is
18 it that like within NHANES, you don't know who is
19 menstruating and who isn't, so you can't separate the
20 populations?

21 DR. MACLEOD: Exactly. Yeah, exactly. I mean,
22 beyond over 50 and under 15, but there we just assume.
23 But within the population of women of child-bearing age, I
24 don't -- I don't have access to the information, yeah.

25 CHAIRPERSON SCHWARZMAN: And do you also not

1 have --

2 DR. MACLEOD: And for the men, it's a case of --
3 it's not population studies. It's, you know, campaigns
4 where they're looking specifically at those groups. So
5 it's not actually population biomonitoring, but exposed
6 groups.

7 CHAIRPERSON SCHWARZMAN: Understand. And in
8 general, NHANES does also not include information on
9 parity?

10 DR. MACLEOD: Now, maybe there's better --
11 there's people who are more expert on NHANES than I am,
12 but I don't believe it does. I don't believe that you can
13 link parity to it. But maybe, Kathleen, do you know if
14 that's correct, if it's possible in NHANES to link parity
15 to the individual measurements?

16 DR. ATTFIELD: I actually don't have that
17 information on hand, but I would believe they would
18 collect it.

19 DR. MACLEOD: And is a -- and it can be
20 associated with the individual measurements. Maybe
21 there's someone else who knows more about NHANES than I
22 do.

23 DR. ATTFIELD: Well, I would say we definitely
24 have that information for CARE. So that is something that
25 we could add to the CARE component.

1 CHAIRPERSON SCHWARZMAN: Well, and I'm thinking
2 about some of the sort of subanalyses that have been done
3 on NHANES data looking at chemicals that occur in pregnant
4 women. So there must be NHANES data that identifies --
5 that connects individual data to pregnancy status at the
6 time, at least.

7 DR. MACLEOD: Yeah.

8 CHAIRPERSON SCHWARZMAN: So I think that would be
9 a really interesting point to follow up on.

10 DR. MACLEOD: That would be a good extension then
11 as a way of -- yeah. Yeah.

12 CHAIRPERSON SCHWARZMAN: Stephanie, do you want
13 to do the next Q&A.

14 MS. JARMUL: Yep. And this was just a comment
15 from Dr. Ahimsa Porter Sumchai, which says that, "Research
16 conducted on elite athletes exposed to air pollution and
17 heavy metals found exercising muscle aids in excretion."

18 DR. MACLEOD: That's interesting. I mean, on the
19 one hand because of what we were talking about about the
20 elite athletes who maybe don't menstruate but this
21 corresponds with my own experience where if I drink too
22 much coffee and then I go out for a run, I feel much less
23 hyperactive from caffeine overdose. So I believe that
24 from a personal point of view as well. I'm not an elite
25 athlete though, I would say.

1 CHAIRPERSON SCHWARZMAN: Maybe, Stephanie, I
2 could use this pause just to ask if there's comments via
3 the email that we should check in with.

4 MS. JARMUL: No, nothing from the email as of
5 yet.

6 CHAIRPERSON SCHWARZMAN: So other questions, or
7 comments, or discussion points from what we've seen?

8 One thing I'm curious about is just thinking
9 about this -- the metabolic pathways question for
10 different substances. This is sort of extending it to
11 other categories of pollutants and synthetic chemicals
12 that we find in people. Like the example that was just
13 given in that point is for metals. And I -- I don't know
14 detailed information about how metals are eliminated, but
15 certainly, you know, they're not carried in blood the way
16 PFAS are. And I just wonder if you have reflections, from
17 your experience with working on these models and varying
18 them for different contaminants, what some of those
19 different elements are? There's, you know, whether a
20 substance is lipophilic, whether it's, you know, excreted
21 through kidney, or metabolized in the liver, or does it go
22 to bone the way metals tend to, does it go to blood like
23 PFAS, et cetera, and just if you have any kind of
24 reflections on that?

25 DR. MACLEOD: I think this is a great question,

1 because this is where I think the mechanistic modeling is
2 most powerful. Like, we talked earlier in -- about some
3 of these questions about different exposures in
4 subpopulations, where it's probably just straight
5 statistical modeling that's going to be the most efficient
6 way to answer the question about whether Asian and Pacific
7 Islanders, for example, have higher exposures than the
8 general population.

9 But these kind of questions about different
10 elimination pathways that might be relevant for different
11 types of chemicals, you can only answer with a mechanistic
12 model. And that's where this like menstrual blood loss is
13 a pathway for loss of PFAS is a nice example, because this
14 is different than the PCBs, which are more traditional
15 lipophilic compounds that have very high volumes of
16 distribution, so blood loss is immaterial to your rate of
17 elimination of PCBs. And instead, what's important is --
18 or what's -- back when we did that work on PCBs in the
19 2010s actually, we were very interested to see whether we
20 would see a dose-dependent elimination rate constant for
21 PCBs, because it's, you know, quite well documented that
22 for PCBs and dioxins if you get a very high dose, you can
23 have chloracne and -- you know, where the body is -- you
24 activate detoxification mechanisms within the body that I
25 assume are evolutionarily designed to help you to

1 eliminate these kind of lipophilic toxins.

2 We didn't see any evidence of dose-dependent
3 elimination in the general population in that -- in those
4 studies for PCBs, which kind of makes sense, because this
5 was general population. It wasn't anybody who was having
6 these activations. But those kind of questions you can
7 only get at with a mechanistic model. So now I'm out of
8 my depth a little bit, because I've never looked at metals
9 myself, but if you have hypotheses about, you know,
10 different elimination pathways for metals that you could
11 build into the model, you can test those hypotheses with
12 the model to see whether you improve model fits for
13 subpopulations where these are important. So I think that
14 this is a good use of modeling and a good use of this
15 mechanistic modeling.

16 The other thing that came in my mind when you
17 started to ask your question was for the PFAS
18 specifically, there are actually other possible
19 explanations for the differences between men and women.
20 And they could be accounting for -- if you look back in
21 the slides, even in the newest -- with the newest NHANES
22 data in the new model fits for PFOS and PFOA, especially
23 the intrinsic elimination half-lives for women are still a
24 bit faster than they are for men. And we haven't done our
25 complete uncertainty and error propagation analysis on

1 this yet. I don't think that they'll be statistically
2 significantly faster for women, given our uncertainties in
3 other parts, but there could be something still in there.

4 And in animal studies, like in rats, rats --
5 female rats don't menstruate is something I learned when I
6 started to do this work, but yet you still see faster
7 elimination of PFOS and PFOA by female rats than males.
8 And this is attributed to differences in hormone balance
9 that determine differences in efficiency of reabsorption
10 of PFOS and PFOA in the kidneys, which is very
11 interesting.

12 And I think it's possible that there is some
13 version of that type of mechanism also operating in
14 humans. It's against a background of this bigger
15 difference between males and females associated with
16 persistent blood loss, but it -- but it could still be
17 there and is still something that could be teased out, I
18 think, in this modeling. There's still room in our
19 modeling for that kind of mechanism to be active in
20 humans, I guess, is what I want to say.

21 CHAIRPERSON SCHWARZMAN: Thank you for that.
22 It's interesting to think about how to apply mechanistic
23 models to other classes of substances.

24 We have about 10 more minutes if others have
25 discussion points or questions, comments.

1 Stephanie, I'll do one last check about email
2 questions or comments and then is your preference to
3 break -- take our break 10 minutes early or take a longer
4 break to stay on our published schedule?

5 MS. JARMUL: I think we would just take a longer
6 break so we can stay on our published schedule.

7 CHAIRPERSON SCHWARZMAN: Okay.

8 MR. JARMUL: Yeah, we'll see if there's --
9 there's nothing in the email right now, but if anyone has
10 a question or comment in the next minute or two, we can.

11 CHAIRPERSON SCHWARZMAN: Yeah, we have one that
12 just came in.

13 MS. JARMUL: Oh, great.

14 DR. MACLEOD: This is a helpful -- a helpful
15 comment about the availability of parity information only
16 for a subset of women.

17 MS. JARMUL: And I'll just read it out loud.
18 It's a comment from Gina that says, "Comment on pregnancy
19 in NHANES. Parity is available for a subset of women who
20 completed the reproductive health questionnaire." And
21 then also, "Pregnancy status at time of exam is suppressed
22 for women under 20 and over 44 years old."

23 CHAIRPERSON SCHWARZMAN: Jenny.

24 PANEL MEMBER QUINTANA: Hi. Just was thinking
25 maybe to recommend a more inclusive language in talking

1 about subjects. There are people that identify as men,
2 people that identify as men who menstruate. And so I just
3 was thinking perhaps going forward to frame it perhaps a
4 little bit differently. Thank you.

5 CHAIRPERSON SCHWARZMAN: Do you have any
6 reflection on that, Matt, given that it's another point of
7 complexity, because there what you're referencing is
8 physiology and some of that is connected to gender
9 assigned at birth, unless there's, you know, gender
10 affirming care in process that changes hormonal functions
11 and associated physiologic functions. I mean, hormonal
12 levels and associated physiologic functions.

13 So I appreciate Jenny that it raises kind of
14 points of like being clear about that. Maybe that -- in
15 addition to inclusivity of the language, there's also sort
16 of specificity of the designations in a way they point to
17 physiologic processes. So gender assigned at birth is
18 more specific maybe.

19 DR. MACLEOD: Yeah, I don't know. I don't have
20 any specific thoughts about how to do this. I'm open to
21 suggestions on how to do better in describing this
22 certainly. So I'm open for suggestions. I would say
23 mostly we are talking at the population level here, so --
24 but I'm open for opinions or suggestions on how -- on
25 better terminology certainly and how to be more precise

1 about this. And, Kathleen, do you have an idea maybe?

2 CHAIRPERSON SCHWARZMAN: Kathleen.

3 DR. ATTFIELD: I was going to more address Meg's
4 second point just to say what information we have
5 available that's pertinent to this for the CARE studies.
6 So for CARE-LA, we only asked about gender, but for CARE-2
7 and CARE-3 we asked both about gender and sex assigned at
8 birth. So for CARE-2, there was actually a hundred
9 percent correlation between the two, so we would not be
10 able to look at any distinction between the two types of
11 identification. And CARE-3, of course, was a very small
12 number of participants with -- what with the beginning of
13 the pandemic.

14 CHAIRPERSON SCHWARZMAN: Jenny.

15 PANEL MEMBER QUINTANA: To add briefly that I was
16 not -- I know what data you have is kind of how you're
17 characterizing your analysis. I'm just saying when I hear
18 you talk about is women who menstruate and men who don't,
19 given our discussions in our classes with our students at
20 the School of Public Health, it just seems a little
21 jarring to me and I think it would be to them.

22 That's all I meant, not that you have necessarily
23 control over what data you're analyzing, so just to put it
24 in context.

25 DR. MACLEOD: Yeah, I wouldn't want to -- wooh,

1 okay, I have to think about how to say this in a more
2 precise way, because definitely there are men who
3 menstruate.

4 CHAIRPERSON SCHWARZMAN: Nerissa.

5 DR. WU: Just to add to this conversation. Thank
6 you, Jenny, for your comment. I think just there's a
7 whole world of realities of health and identity. And I
8 think describing women as imaginary who don't menstruate,
9 there is an entire world of women who don't menstruate for
10 varying reasons or -- but you know who are at different
11 phases of their lives and you acknowledge some of that
12 through the framing of 15 through 50 and post-menopause.
13 But I think just -- it just feels a little dismissive to
14 consider them imaginary, and so just be cautious in your
15 language. And this is kind of going afield from the study
16 design, but just because we're very careful to acknowledge
17 that different people exist and have health consequences
18 and we want to just be precise in our language about how
19 we talk about them.

20 DR. MACLEOD: I have had another comment on this
21 related to this actually, because -- and even in our paper
22 we have this thing which is called the intrinsic
23 elimination rate constant. And we have defined this
24 intrinsic elimination rate constant to be elimination due
25 to elimination processes that are common between men and

1 women. And I have had women tell me that this is poor
2 framing, because menstruation is intrinsic to being a
3 woman. This was some years ago maybe before there was
4 more of this discussion about -- so I don't know. I find
5 this -- it gets a little difficult to do it in a way where
6 you make everybody feel included all the time
7 simultaneously, I would say. But as I said, I'm open for
8 suggestions on how to do better.

9 CHAIRPERSON SCHWARZMAN: Any final questions, or
10 comments, or additions to the discussion before we take a
11 break?

12 Seeing none, I want to thank you, Matt, for your
13 time and what is your evening and for bringing us your
14 study results and explaining it and how you've applied it
15 to the CARE data. It gives us a lot to think about.

16 So we will have a break now until 11:30. Just a
17 reminder to return promptly so that we can -- because
18 we'll start right at 11:30. And with that, we'll start
19 our break. Thanks.

20 DR. MACLEOD: Thank you, everybody.

21 (Off record: 11:18 a.m.)

22 (Thereupon a recess was taken.)

23 (On record: 11:30 a.m.)

24 CHAIRPERSON SCHWARZMAN: I have that it's 11:30
25 so I want to call the meeting back together. We will have

1 two presentations now that are Program updates, but
2 we'll -- they're separate presentations and we will have
3 separate question and answer after each and then followed
4 by a larger open discussion -- a longer open discussion
5 period. So I want to start by introducing Kathleen
6 Attfield. Kathleen is Chief of the Exposure,
7 Surveillance, and Epidemiology Unit, which is part of the
8 Exposure Assessment Section in the Environmental Health
9 Investigations Branch, EHIB, at the California Department
10 of Public Health, CDPH.

11 She will give an update on current Program
12 activities and planning for future studies. And after
13 Kathleen's presentation, we'll have five minutes for
14 clarifying questions and then we'll have a presentation
15 from Susan Hurley of OEHHA. And then we'll have the
16 larger discussion on Program activities after both
17 presentations.

18 So turning it over to you, Kathleen.

19 (Thereupon a slide presentation).

20 DR. ATTFIELD: Wonderful. Thank you, Meg. And
21 let me just confirm that you can see my slides, yes?

22 MS. JARMUL: Yes.

23 DR. ATTFIELD: Thank you.

24 CHAIRPERSON SCHWARZMAN: Yes. Sorry. That took
25 me a moment to find them, but I've got them.

1 DR. ATTFIELD: Okay. So good morning. Thank
2 you, everyone, for attending today.

3 --o0o--

4 DR. ATTFIELD: For today's Program update, I will
5 talk through some administrative updates as well as
6 project updates for STEPS, a project and collaboration
7 with the Water Board, a renewal of work with the Asian
8 Pacific Islander Community Exposures Project that was
9 mentioned earlier, and some updates from our
10 communications team and from our laboratories.

11 --o0o--

12 DR. ATTFIELD: We'd like to welcome new staff to
13 the Environmental Chemistry Laboratory at DTSC, Julian
14 Edmonds, Ilaria Lentricchia, and Bisha Neupane, and also
15 acknowledge the contributions of Lily Wu, who is currently
16 serving as Acting Chief of the Safer Alternatives
17 Assessment and Biomonitoring Section at OEHHA.

18 --o0o--

19 DR. ATTFIELD: Last time we met, we described our
20 developing surveillance project. And so this time, we're
21 going to offer just a short update and we'll spend more
22 time talking through additional projects that are
23 underway. To update you on the progress with the STEPS
24 study or the Studying Trends in Exposures in Prenatal
25 Samples. We are in the process of requesting chosen

1 samples from the Biobank at the Genetic Disease Screening
2 Program for the years of 2015, 2018, and 2021. We are
3 also working with staff from the Genetic Disease Screening
4 Program on planning our prospective sampling in a
5 non-Biobank county.

6 --o0o--

7 DR. ATTFIELD: In our work on our California
8 Regional Exposures Study, or the CARE Study, we've been
9 collaborating with the California Water Boards to
10 understand data coverage and overlaps between our serum
11 PFAS data and their drinking water PFAS testing data. We
12 have identified initial goals of identifying data gaps
13 that the Water Board -- where the Water Board could take
14 action with investigative orders to cover these gaps. So
15 an example of this would be if there are public water
16 systems where CARE participants had high blood levels, but
17 there is no existing drinking water testing data for PFAS.

18 We're also looking at the feasibility of
19 different investigative questions with the different data
20 sets, so looking at the relationships between drinking
21 water and biomarker data to see if we can predict values
22 of biomarker concentrations, as well as whether it may be
23 possible to estimate the relative source contribution of
24 drinking water to PFAS exposure to lend a hand in risk
25 assessments at the State.

1 So for this effort, we are using CARE data from
2 all three iterations, the 2018, 2019, and 2020 CAREs from
3 eastern and south -- Southern California.

4 --o0o--

5 DR. ATTFIELD: And for drinking water data, there
6 are currently two main sources of PFAS drinking water data
7 that we are employing. So those from the EPA's
8 Unregulated Contaminant Monitoring Rule of UCMR 3, where
9 during -- which took place during 2013-2015, and from
10 investigative orders issued by the California Water Board
11 in 2019 to 2021. The UCMR 3 data covers mainly public
12 water systems serving over 10,000 people and samples from
13 points of entry to the distribution system. So the data
14 from the investigative orders is a little different, in
15 that it mostly covers source wells with some finished
16 water and focuses mainly on areas near prior detections of
17 PFAS or possible contamination sources, such as landfills
18 and airports. And there is data subsequent to this in
19 2022 and into 2023, so there will be continuing to be a
20 rich source of data that can be used.

21 --o0o--

22 DR. ATTFIELD: Our first steps in looking at the
23 data was to geocode our CARE participants, the ones that
24 have serum PFAS levels and we've been matching them to
25 water system boundaries and are actually achieving a

1 pretty good coverage. So 848 participants matched to a
2 system out of the 872 that were geocoded.

3 While a greater number of participants lived in
4 water systems that had testing in UCMR 3, so 96 percent,
5 Water Board -- then Water Board testing - sorry - a
6 greater number are seeing detects of PFAS in the Water
7 Board data, so 53 percent as compared to 8 percent. And,
8 you know, there are a good number of reasons for the
9 difference in detection frequency. As you can see, the
10 method detection limit is rather different between the two
11 phases and, of course, there were different sampling
12 points that were used between the two.

13 --o0o--

14 DR. ATTFIELD: When we look at the data by water
15 system, our participants match to 150 water systems with
16 an average of 7 or 10 participants per water system with a
17 maximum of 184 and that's in the Los Angeles area.

18 More systems were tested in UCMR 3, 79 percent
19 versus 50 percent, but a greater percentage had detects in
20 the Water Board testing. There's 64 percent.

21 --o0o--

22 DR. ATTFIELD: So we just want to present some
23 initial looks geographically. You can see the geographic
24 extent of our participants. They are jittered. So this
25 is not their exact home location, but approximate. The

1 dots in green are below the top 10 percent, so the bottom
2 90 percent, and in blue are the top 10 percent. And so
3 for this, our initial aim with the Water Board was to look
4 at folks with the higher level of PFAS, and PFOA, and
5 other PFAS detections. So here we're showing the top 10
6 percent and in the gray are the polygons of the water
7 system boundaries.

8 --o0o--

9 DR. ATTFIELD: And a zoomed in version here of
10 Southern California. And now the systems have been
11 colored with their different quantiles of PFOS
12 concentrations. So a visual correlation is not
13 immediately evident here, but what we've learned about the
14 overlap of these data so far is that --

15 --o0o--

16 DR. ATTFIELD: -- we have identified four
17 participants with serum PFOA or PFOS levels that are in
18 the top 10 percent of participants, but who have no water
19 testing data so far, and 11 people who are in the top 25
20 percent. So we've shared this data with the Water Board.
21 They are active participants in this project, of course,
22 and they're planning to use this information in their next
23 phase of testing requirements.

24 --o0o--

25 DR. ATTFIELD: Some challenges we're working with

1 include assigning participants to a single water system.
2 So the Water Board is in the process of validating some of
3 the water system boundaries. So temporarily there are
4 situations where water boundaries may overlap. But in the
5 process of this project, we've been able to reduce the
6 number of participants with an overlapping situation from
7 274 to 91.

8 We are also contemplating how to create different
9 summary statistics for the end drinking water user, since
10 systems have many different sampling points and have been
11 collecting the data for regulatory purposes often to
12 evaluate the raw sources, so not the finished water.

13 We know there may be other uses for the overlaps
14 between these two data sets, so that is a question that we
15 do have for the Panel. So we'd be interested in some
16 commentary on further uses of the overlap of this data.

17 --o0o--

18 DR. ATTFIELD: So moving on to another project in
19 progress. Due to our increased staffing, we're able to
20 revisit the data analyses within the Asian Pacific
21 Islander Community Exposures Project. This was an
22 extension of collaborations with community groups on
23 health education and outreach related to safer fish
24 consumption. That led to a community-based study to
25 biomonitor Asian populations for metals and PFASs, which,

1 as I had mentioned, had been observed in higher levels in
2 Asians within a prior Biomonitoring California study.

3 --o0o--

4 DR. ATTFIELD: There were two phases for ACE.
5 First in 2016, where we worked with APA Family Support
6 Services to recruit 100 Chinese Americans, and then -- in
7 the San Francisco area. And then in 2017, we worked with
8 the Vietnamese Voluntary Association to recruit 100
9 Vietnamese Americans in the San Jose area.

10 --o0o--

11 DR. ATTFIELD: In ACE, we found a fair number of
12 participants with levels of metals above our levels of
13 concern that the Program has for following up with
14 participants with elevated levels to help them consider
15 different ways of reducing the potential exposures. So
16 this slide is here as a reference of which -- what levels
17 we do use for our levels of concern cutoff for arsenic and
18 for mercury.

19 --o0o--

20 DR. ATTFIELD: And within ACE, we had seen these
21 levels that are a fair amount higher than -- or more
22 frequently occurring in the ACE population as versus CARE.
23 So CARE-LA, as an example here, two to six percent of our
24 participants had levels above the LOCs, while in ACE 26
25 participants had elevated inorganic arsenic in both phases

1 of ACE, and up to 16 percent of women of reproductive age
2 there in this first line with elevated blood mercury.

3 --o0o--

4 DR. ATTFIELD: As mentioned earlier, we also
5 observed higher levels of PFAS, so five PFAS in comparison
6 to national data, the NHANES iteration of 2016-2017. And
7 we even saw higher levels than Asians within that same
8 cohort of NHANES for PFOS and PFNA. As with metals, we
9 had seen often acculturation factors were associated with
10 higher levels. So, for example, birth country, time spent
11 in the U.S. and interview language. And so this will be
12 instructive for outreach and educational programming with
13 our partners as well as our further investigations into
14 the data.

15 --o0o--

16 DR. ATTFIELD: Our recent efforts on this project
17 include reconnecting with existing stakeholders and
18 exploring how the initial findings from the project are
19 consistent with the group's current concerns. We're also
20 following up on educational efforts and exploring the
21 utility of particular additional analyses.

22 --o0o--

23 DR. ATTFIELD: So the additional analyses that
24 we're circling around at the moment are looking into PFAS
25 concentrations and fish consumption, because we have a

1 fair number of fish questions within our questionnaire so
2 we can address different types of fish and different parts
3 of the fish; for metals, and herbal remedies, and personal
4 care products; and in a collaboration with Silent Spring
5 Institute, they are looking into occupational exposures
6 within the ACE cohort and the differentiation between
7 those with recent immigration history versus not.

8 --o0o--

9 DR. ATTFIELD: We are interested in learning from
10 the Panel your suggestions for other questionnaire analyte
11 investigations that could be informative for educational
12 and outreach efforts at the community level, as well as
13 for enriching the general field related to PFAS in metals.
14 We're also interested in hearing about other outreach
15 panel -- excuse me, outreach partners the Panel may have
16 suggestions for. So I can return to this slide later.

17 --o0o--

18 DR. ATTFIELD: Next, were updates from our
19 Outreach and Communications Team. They have been hard at
20 work finalizing the beautiful version of our CARE report
21 that you've heard us mention before. So a couple teasers
22 of images that are part of the CARE report.

23 --o0o--

24 DR. ATTFIELD: And there's going to be an
25 accompanying dashboard two-page summary.

1 --o0o--

2 DR. ATTFIELD: Additionally, they are focusing on
3 visual fact sheets and other accessible and engaging
4 materials for the general public as it relates to
5 information around arsenic and rice, and a brief --
6 briefer about our Foam Replacement Environmental Exposure
7 Study paper that is underway.

8 --o0o--

9 DR. ATTFIELD: So next, updates from the
10 Environmental Health Lab. They are initiating additional
11 environmental phenols analysis for the CARE Study. So if
12 you may remember that we had done phenols analysis on a
13 subset for CARE-LA and CARE-2. So 370 for CARE-LA are
14 remaining and 190 are remaining for CARE-2. So this will
15 be fantastic to have it for the entire cohort of both
16 studies.

17 Oh, there's a typo there. The second bullet is
18 meant to be talking about bisphenol A metabolite method.
19 That is in progress where the metabolites that will be
20 able to be detected are sought for glucuronide and sulfate
21 conjugates.

22 --o0o--

23 DR. ATTFIELD: They are also validating the
24 speciated urinary mercury method looking into inorganic
25 and monomethyl mercury. They're developing the total

1 nickel analysis by ICP-MS for use in pollution community
2 studies -- air pollution community studies, excuse me, and
3 continued work on the VOC urinary metabolite method.

4 --o0o--

5 DR. ATTFIELD: As for our Environmental Chemistry
6 Lab, they are finishing their instrument analysis of serum
7 and plasma comparison for their extended PFAS method with
8 the final data analysis in progress, and have updated the
9 persistent organic pollutants method for PCBs, OC --
10 organochlorine pesticides, and PBDEs, where they've
11 reduced the sample preparation time from 48 hours to 7
12 hours by the use of an upgraded automated SPE system. And
13 finally, they have new methods under development for
14 siloxane and PAHs in serum.

15 --o0o--

16 DR. ATTFIELD: So with that, that finishes our
17 update portion of the presentation and I'll pass it back
18 to you, Meg.

19 CHAIRPERSON SCHWARZMAN: Thank you, Kathleen.

20 We have five minutes now for questions --
21 clarifying questions before we move to our next update.

22 So a reminder that Panelists just raise your
23 hand -- turn on your camera, raise your hand and I'll call
24 on you if you have a question. And webinar attendees, you
25 can use the Q&A function, or email, or raise hand

1 function.

2 Thank you.

3 Lara, yes, please.

4 PANEL MEMBER CUSHING: Hi. Sorry that I -- I'll
5 have to jump off after this and leave early, but it's
6 really great to see this exciting work on PFAS and the ACE
7 Project. I had one quick question about the PFAS. I know
8 the Water Board has been doing -- has, through a different
9 analytical method, some evidence that there are perhaps
10 many PFAS that are not in the typical panel that are
11 analyzed for.

12 DR. ATTFIELD: Um-hmm.

13 PANEL MEMBER CUSHING: UCMR 3. So I don't know
14 if you're planning -- I was curious if -- what PFAS
15 specifically are -- were tested for in CARE and if there's
16 any opportunity to kind of look at not just the usual
17 suspects but some of the more obscure, less common, or
18 more recently put into production PFOS with that project.

19 DR. ATTFIELD: That's an interesting question and
20 really of the moment. For CARE, both iterate -- well, all
21 three iterations used a method that just looks at the 12
22 legacy compounds -- sorry. I'm making sure the cat
23 doesn't enter the screen. And for ACE, that was an
24 extended method, which used a sort of manual preparation
25 method in the laboratory, so that actually has a larger

1 number of PFAS. I don't remember the number off the top
2 of my head, but about 30 or so.

3 For our study with STEPS we're going to use that
4 extended PFAS method, which I mentioned, which will have
5 about 40 PFAS for it. It's an interesting question of
6 whether we would have capacity to go back and look further
7 at our samples for CARE. We do sometimes have volume
8 restrictions and restrictions around what people have
9 given permission for for additional analyses that we'd
10 have to consider, but that's an interesting question that
11 we -- that we will consider.

12 It looks like Nerissa has a comment as well.

13 DR. WU: Yeah. Thanks for your question, Lara.

14 One of the issues with going back to participants
15 even if they have given permission for additional analyses
16 is that we are obligated to return results to people if we
17 measure them. So if we are doing a method where we're
18 sort of exploring what new PFASs may be showing up in
19 people biologically, we have to think about what the
20 messaging would be like. But as Kathleen said, the STEPS
21 samples are a very good match for this, if we have enough
22 volume, because there is not a results return component,
23 but also because we are getting a real time trend with
24 that sampling. So we might be able to see the emergence
25 of newer PFASs coming in and hopefully match that with

1 some of the new Water Board data.

2 DR. ATTFIELD: Thank you, Nerissa.

3 CHAIRPERSON SCHWARZMAN: Great. Yes, Jenny.

4 PANEL MEMBER QUINTANA: Hi. I wanted to thank
5 you for that update. I think it's really exciting to see
6 California Biomonitoring interface with other State
7 agencies to really extend the reach of what we're doing,
8 so California Air Resources Board, and now the Water
9 Board. And I just think that's a really great approach to
10 take.

11 And I'm also interested in your community kind of
12 translation of your materials. And I'm always interested
13 what people can actually do. You know, so for example for
14 the rice, you're talking about giving some outreach about
15 arsenic in rice. I mean, is there -- I haven't really
16 looked at my rice packages. Do they tell you where it's
17 grown, for example. Like, don't buy it from the south
18 where they used to use arsenic, or, you know, how much
19 information people easily get to reduce -- to buy rice
20 that's cleaner as opposed to reducing rice consumption.
21 I'm just kind of curious again from a naive point of view,
22 like how do you translate these findings into, you know,
23 what people can use? So thank you for that.

24 DR. ATTFIELD: Thank you. Yes, it's not been an
25 easy project. And I'll pass that to Nerissa or Emilie to

1 speak more about it.

2 DR. WU: Sure. You've identified some of the key
3 issues we're wrestling with with the Biomonitoring
4 Outreach and Communications Group. And rice is
5 complicated because it's really -- I mean, obviously the
6 uptake is going to depend on things like soil conditions,
7 is it flooded or not, is there arsenic in the soil? So
8 there's so much variability that it becomes a very
9 difficult message to convey to folks in a simple
10 communication.

11 So we do have some sort of broad indicators that
12 California rice tends to be lower than some other areas,
13 but we want to be careful not to -- you know, just to be
14 careful in our language that it's not a guarantee that
15 eating California rice is safe. But like I said, the
16 science behind it is quite complicated and we are sort of
17 picking our way through the messages and identifying what
18 we can say and backup. We want to be really careful not
19 to recommend things that might lower the nutrient value of
20 rice, like washing it until supplemental nutrients come
21 out or recommending that you eat a different food that
22 then might have elevated levels of something else.

23 So it is -- it is quite a complicated process,
24 but we have -- we've -- we're getting closer to what our
25 messaging will look like and hope to have something to

1 share with this group, but also some of our community
2 partners to what is an effective message soon.

3 PANEL MEMBER QUINTANA: I just wanted to say that
4 how often California Biomonitoring has been a leader in
5 these kind of efforts. And I really appreciate it, you
6 know, just for the results return. You know, I use
7 that -- I hand that out to people I know as an example of
8 how to do it. And this is another example of leading on
9 these kind of difficult issues and walking the tightrope.
10 So I appreciate what you're doing. Thank you.

11 DR. WU: Thanks, Jenny.

12 CHAIRPERSON SCHWARZMAN: We have time for one
13 more brief question, if anyone has for Kathleen.

14 Yes, Ulrike.

15 PANEL MEMBER LUDERER: Thank you, Kathleen, for
16 the update on all the amazing things that Biomonitoring
17 California is doing. I just had a quick question about
18 you mentioned the new methods under development included
19 siloxane in serum. I remember years ago when those were
20 designated by the Panel. And I'm just wondering which --
21 are you -- you know, do you know yet which ones are going
22 to be, you know, included, which siloxanes? Is that -- or
23 is that still under discussion?

24 DR. ATTFIELD: This is one that I will pass to
25 June-Soo for the particulars.

1 June-Soo, are you able to join us?

2 DR. PARK: Yeah. Yeah. No. I think I
3 understand your concern about the siloxane. We feel very
4 bad about this long due method of development. You know,
5 the siloxane and/or some other, you know, the fragrance
6 chemicals like musk. Unfortunately, you know, the --
7 we've been running the Biomonitoring California Program at
8 least our side only by you -- with only two people, two
9 staff. Recently, we were able to increase two more staff.
10 So that's the kind of where we were. We are getting
11 better.

12 Also, the -- we had -- only few month ago, we had
13 a right instrument it's called GC-MS with a special
14 sampling system or auto injector system that can minimize
15 background contamination. So our designated Biomonitoring
16 staff, Judy Wang, she is now devoted to work on this
17 method. So I know it's still slow, but at least we're on
18 it. So that's the only thing I can say for now.

19 DR. CRISPO SMITH: Hi. This is Sabrina --

20 DR. PARK: Oh, Sabrina. Yeah.

21 DR. CRISPO SMITH: -- from ECL. I was just going
22 to quickly say, we're just looking at the cyclosiloxanes,
23 so the D3, D4, D5, and D6. We may try to do some linear
24 ones later, but we were having a bit of trouble Sourcing
25 certified standards for those. Does that answer your

1 question?

2 PANEL MEMBER LUDERER: Yeah. Yeah. Great.

3 DR. CRISPO SMITH: Okay.

4 PANEL MEMBER LUDERER: Thank you. No, it's very
5 exciting that you're moving forward on that. I think
6 that's wonderful.

7 CHAIRPERSON SCHWARZMAN: Great. Okay. I'd like
8 to move along and introduce Susan Hurley. Susan is a
9 Research Scientist in the Safer Alternatives Assessment
10 and Biomonitoring Section, SAABS, of OEHHA. And Susan
11 will present an update on some of the Program's community
12 biomonitoring studies and planning for future
13 biomonitoring studies.

14 (Thereupon a slide presentation).

15 MS. HURLEY: Okay. Let me -- thank you, Meg.
16 Let me just get my slides up. Can everybody see those
17 okay?

18 CHAIRPERSON SCHWARZMAN: It's not yet on
19 presenter view.

20 MS. HURLEY: Okay. How does that look?

21 CHAIRPERSON SCHWARZMAN: That's good.

22 MS. HURLEY: Okay. Thanks.

23 --o0o--

24 MS. HURLEY: Okay. So today, I'm going to start
25 with just a really brief update on our Bios -- BiomSPHERE

1 and the FRESSCA-Mujeres projects and then be spending most
2 of my time talking about some of the initial biomonitoring
3 results we got for our Stockton Air Pollution Exposure
4 Project.

5 --o0o--

6 MS. HURLEY: So for BiomSPHERE, recruitment and
7 urine sample collection is currently under way and will
8 continue through the end of the summer. And if you would
9 like any more information about that project, we've got
10 more information posted on Biomonitoring California's
11 webpage. You can check out some of these links on the
12 slide here.

13 --o0o--

14 MS. HURLEY: And then for our FRESSCA project, we
15 are just in the very initial stages of getting recruitment
16 launched and are planning to be out in the field in May to
17 start the urine collection. And that will continue
18 through early fall. And again, there's more information
19 at these links on the slides, so I'm not going to say
20 anything more about those two projects today.

21 --o0o--

22 MS. HURLEY: And I just want to move on to our
23 Stockton Air Pollution Exposure Project, otherwise known
24 as SAPEP.

25 --o0o--

1 MS. HURLEY: And these are the two primary
2 objectives of the project. So one is to learn more about
3 air pollution exposures to schoolchildren in Stockton and
4 to evaluate the effectiveness of school air filtration at
5 reducing those exposures. And today, the initial results
6 I'll be sharing are really focused on characterizing the
7 air pollution exposures to the kids in our study. So it's
8 really focused on this box here. I won't be talking at
9 all about the evaluation of the effectiveness of the
10 school air filtration, because we haven't completed those
11 analyses yet.

12 --o0o--

13 MS. HURLEY: So many of you have seen this slide
14 before, but just to go over quickly what the design of the
15 study was. It was conducted at one school in Stockton,
16 the All Saints Academy, where we measured air pollutant
17 levels both inside and outside of the school and then
18 installed air filtration units or portable air cleaners in
19 about half of the classrooms of participating students.
20 Parents completed online questionnaires to get some more
21 information about potential exposure sources. And then we
22 collected children's urine before and after school. And
23 then in those urine samples measured chemicals that could
24 indicate exposures to air pollutants.

25 --o0o--

1 MS. HURLEY: So our goal was to enroll 50
2 children. We actually ended up with 18 and that's
3 primarily a reflection of trying to launch a study in the
4 middle of a global pandemic. It left us with very little
5 time for recruitment and limited access to the campus.
6 But the samples were collected on two days of consecutive
7 weeks in early December of 2021, where we -- for each
8 child, we collected one sample before school and one
9 sample after school on each of those two days. So about
10 four samples per child. So ultimately, we ended up with
11 69 urine samples.

12 And then those samples were sent to the Clinical
13 Pharmacology Lab at UCSF, where under the direction of Dr.
14 Peyton Jacob, they were analyzed for hydroxy metabolites
15 of these four PAHs as well as stable metabolites of VOCs
16 for these six VOCs.

17 --o0o--

18 MS. HURLEY: So last month, we sent to all the
19 SAPEP participants their biomonitoring results for the
20 VOCs, the PAHs, and the nicotine metabolites that were
21 measured in their urine. And then later this year, we
22 will send out the individual urine results for the markers
23 of oxidative stress and inflammation that were also
24 measured in the urine.

25 --o0o--

1 MS. HURLEY: So this is just a quick picture of
2 who was in our study. Most of the kids were male, about
3 three-quarters were male. They ranged in age from five to
4 13 years old with most of them in the five to seven year
5 old category, and most of the kids were Hispanic.

6 --o0o--

7 MS. HURLEY: So for the initial analyses that
8 I'll be showing the results for today, they're really just
9 focused on comparing the metabolite levels in our study
10 for the VOCs and PAHs to those in a nationally
11 representative data from children in NHANES.

12 So we did this for -- so -- for all the samples,
13 so regardless of time of day or the filtration status of
14 their classroom. And we used random effects models to
15 calculate the geometric means and 95 percent confidence
16 intervals. And then we compared those metabolite levels
17 to those found in the most recent data we could find for
18 these analytes in kids. So for most of them, it was the
19 NHANES 2015-16 cycle. For a couple, we had to go back to
20 2011 and '12.

21 And then to make our methods analogous to the
22 methods CDC uses in reporting NHANES data, we -- for the
23 non-detects, we imputed the value -- imputed values equal
24 to the level of detection divided by the square root of
25 two. We also did not calculate geometric means for any

1 were found less frequently. Especially in SAPEP, we're
2 seeing them found in less than half of the participants.

3 --o0o--

4 MS. HURLEY: For the PAHs, most of the SAPEP and
5 NHANES participants showed evidence of exposures to the
6 PAHs -- the four PAHs that we looked at. You can see
7 detection frequencies are pretty high in both cases, even
8 though in some -- for some analytes the levels of
9 detection are quite different. And I guess that's all I
10 wanted to say there.

11 --o0o--

12 MS. HURLEY: Okay. So these are the geometric --
13 this is the comparison of the VOC metabolites in SAPEP
14 versus NHANES. And the blue bars represent the geometric
15 means for NHANES. The white bar is for SAPEP. The little
16 whiskers are the 95 percent confidence intervals. And you
17 can see overall that the geometric means look quite
18 similar across SAPEP and NHANES participants. And, in
19 fact, none of these geometric means were statistically
20 different. And note that we don't -- we're not trying
21 benzene or 1,3-butadiene here, because their detection
22 frequencies were less than 65 percent.

23 --o0o--

24 MS. HURLEY: Okay. So for the PAHs, it's a
25 little bit of a different story. Here again, the blue

1 bars are NHANES, white bars are SAPEP. And here we see
2 the geometric means are generally lower in SAPEP for
3 fluorene, for phenanthrene, and for pyrene. And in
4 contrast for naphthalene, this metabolite is quite a bit
5 higher in SAPEP compared to NHANES. The geometric mean
6 here is about four times what is seen in the NHANES kids.

7 --o0o--

8 MS. HURLEY: So just to briefly summarize.
9 Nearly all SAPEP participants showed indications of
10 exposure to acrolein, acrylonitrile, crotonaldehyde, and
11 propylene oxide. Exposures to benzene and 1,3-butadiene
12 were comparatively less common. And overall the
13 metabolite levels did not differ in our study from those
14 reported in NHANES.

15 --o0o--

16 MS. HURLEY: For the PAHs, most SAPEP
17 participants were exposed to fluorene, naphthalene,
18 phenanthrene, and pyrene. And metabolite levels here were
19 generally lower in SAPEP participants compared to NHANES,
20 with the exception of naphthalene for which the metabolite
21 2-naphthol was significantly higher in our study compared
22 to NHANES.

23 --o0o--

24 MS. HURLEY: So just to talk a little bit more
25 about the naphthalene results, which are intriguing, we

1 haven't really had a chance to really dig deep into these
2 findings. They're sort of hot off the presses so to
3 speak, so -- but what we can tell you is that it doesn't
4 appear that the higher geometric means in our study are
5 being driven just by a few high outliers. All the SAPEP
6 participants had at least one urine sample that had a
7 level above the median seen in NHANES.

8 And we also have a lot -- quite a bit of
9 information about tobacco and vaping related exposures,
10 both from the questionnaire and then also from cotinine
11 analyses. It doesn't appear that the high levels are
12 being driven by those exposures. We haven't really done a
13 formal analysis yet to evaluate the association between
14 the 2-naphthol in urine and the naphthalene air
15 concentrations at the school. But just overall the air
16 concentrations of naphthalene in and around the school
17 during the study period, didn't seem to be especially
18 high. And it should be noted that there may have been
19 some interference in the 2-naphthol measurements by
20 coelution with 1-naphthol.

21 --o0o--

22 MS. HURLEY: And just a few more additional
23 considerations to think about as we're trying to interpret
24 these findings, you know, reminding you all again that the
25 NHANES data were collected five to six years before our

1 data. And there does seem to be some indication from U.S.
2 and European biomonitoring surveillance data that shows
3 urinary 2-naphthol levels seem to be increasing in recent
4 years. And then sort of relatedly, we don't have much
5 biomonitoring data yet in populations from sort of the
6 post-COVID or during COVID years. And so, you know, what
7 we know about primary sources of naphthalene exposures,
8 which include air emissions from fossil fuel combustion,
9 tobacco smoke, use of mothballs, that those all come from
10 information gathered before the pandemic. And we all know
11 the world has changed a lot in the last few years, so
12 perhaps there could be newer unrecognized sources of
13 naphthalene that might be emerging as important. And then
14 also it's important to note that other chemicals besides
15 naphthalene might contribute to urinary 2-naphthol levels.

16 --o0o--

17 MS. HURLEY: So as I said, we haven't really had
18 a chance to really drill down into the data and sort of
19 figure out what's going on. We are intending certainly to
20 do more detailed analysis of the SAPEP data that will
21 include not just looking at the urinary levels in
22 2-naphthol, but also considering the naphthalene air
23 concentration values that we have, some of the
24 questionnaire data to see if they point to any particular
25 predictors of exposure. We can also look beyond the SAPEP

1 data and look at other data that may be available that
2 could indicate sources in the San Joaquin Valley or in
3 Stockton that could be driving these results.

4 And then we certainly are planning to do a
5 literature review to get a better understanding of the
6 pharmacokinetics of naphthalene and the specificity of
7 2-naphthol as a biomarker of exposure.

8 --o0o--

9 MS. HURLEY: So beyond, you know, just digging
10 deeper into our naphthalene results and some of the
11 initial results of the other metabolites, we now are ready
12 to really look at all the data in its totality, so conduct
13 an integrated analysis of the biomonitoring, the air
14 quality and the questionnaire data to really address the
15 primary aims of the study. So to further characterize air
16 pollutant exposures and potential predictors of the
17 exposures, to explore associations of the PAH and VOC
18 metabolites with the biomarkers of oxidative stress and
19 inflammation, which may provide some insights towards
20 potential health effects and to evaluate the effectiveness
21 of the school air filtration.

22 So, you know, we may have a small -- we do have a
23 small sample size. It's unlikely the biomonitoring data
24 is going to be able to answer all these questions, you
25 know, all by themselves, but we do have a wealth of data

1 that we've collected in this small study. And hopefully
2 by -- you know, each piece will provide a little clue when
3 we put it all together -- could help give us some good
4 insights into answering, you know, some of our study
5 questions.

6 --o0o--

7 MS. HURLEY: So that -- with that, I will finish
8 up and thank you for your attention and happy to take any
9 questions.

10 CHAIRPERSON SCHWARZMAN: Thanks so much, Susan.
11 I appreciate the presentation. We have -- let's take five
12 minutes for Panel questions, clarifying questions about
13 the presentation, and then we have a longer stretch for
14 open discussion and input on both update presentations.

15 So questions for Susan. I want to acknowledge
16 there's a comment or question in the chat, but that's more
17 directed toward the previous speaker and so we'll return
18 to that in our open discussion section -- session.

19 Jenny, you had a question.

20 PANEL MEMBER QUINTANA: Hi. Thank you for that
21 presentation and it's exciting to again measure these
22 metabolites and look into community solutions like you're
23 doing. I think that's great. I did have a question about
24 the NHANES data, especially the finding that the PAH
25 levels were higher in the NHANES population for many of

1 the PAH metabolites. And, you know, I'm always struck
2 when I look at NHANES data about how much more exposure to
3 tobacco smoke that children have across the United States
4 than they do here in California. And I'm just wondering
5 if you got the NHANES data and really screened out anybody
6 with cotinine indicating any kind of environmental tobacco
7 smoke exposure, if that would be a more fair comparison
8 between the two?

9 I'm not talking about just really high levels,
10 but even fairly low levels of cotinine are indicating
11 tobacco smoke exposure and are so much more common in
12 other states to be honest. So I was just kind of curious
13 whether that would go away or even show an opposite effect
14 if that was removed.

15 And then my other comment was, and this is just
16 from my very -- not very good memory, but I seem to
17 remember in the Central Valley and in the Imperial Valley
18 that naphthalene is thought to be a marker of agricultural
19 burns. And I know you said the air at the school was not
20 particularly high, but I'm not sure exactly where these
21 children live. And I also remember it was triggered from
22 your picture that I think you had one of your sampling
23 events was raining a lot. And so perhaps that would not
24 be an issue anyway, they can't really burn in the rain,
25 but, you know, I was just kind of curious. That is a

1 fairly unique exposure to Central Valley residents. So
2 that was something that I was interested in. Thank you.

3 MS. HURLEY: Yeah. Thanks for those questions.

4 So on the smoking related issue, I can't remember
5 now and I -- I'm not sure I -- if -- I think Dan is on the
6 line, but we did -- so these are the comparison we used
7 for NHANES was kids in the same age range. And I can't
8 remember - and, Dan, if you're on, if you could jump in -
9 if we were able to screen out the non-smokers. I think we
10 were, but, of course, that wouldn't screen out passive
11 smoking exposures.

12 PANEL MEMBER QUINTANA: Yeah, and that passive
13 smoking.

14 MS. HURLEY: Yeah. Okay.

15 PANEL MEMBER QUINTANA: Even if the parents were
16 non-smoking, it doesn't mean they don't go see grandma
17 that smokes and so it's --

18 MS. HURLEY: Right.

19 PANEL MEMBER QUINTANA: You'd have to get the
20 data set and eliminate those people with -- or those
21 children with higher cotinine values -- higher passive
22 smoke cotinine values, I guess.

23 MS. HURLEY: Yeah, it's -- I mean, you know, it's
24 curious, because I think all of these PAHs have
25 significant sources from tobacco -- you know, tobacco is a

1 significant source, so it's kind of weird that we see a
2 flip with naphthalene being higher in our population and
3 the others lower, so it might be a complicated story.

4 And then in terms of the agricultural burning,
5 yeah, I -- that certainly is a recognized source of
6 naphthalene in, you know, general populations. I don't
7 know -- I don't, at my finger tips, have information
8 about, you know, what it specifically looks like in the
9 Silicon Valley. Although, we did come across an
10 interesting like doctoral thesis or unpublished data from
11 UC Davis that a student did that showed that naphthalene
12 concentrations in wheat were higher in the Silicon Valley
13 than they were in the Sacramento Valley, which was just
14 kind of interesting. I don't know how much agricultural
15 burning of wheat happens in the -- in the valley, but,
16 yeah, very good thoughts.

17 And then in terms of the rain -- oh, did I
18 just -- I just got a text message. I think I said Silicon
19 Valley again. I meant San Joaquin Valley.

20 (Laughter).

21 MS. HURLEY: Sorry. What was I going to say?
22 Oh, about the rain. So, yeah, we haven't -- we haven't
23 had a chance at -- like literally we were just churning
24 out these results a couple weeks before this meeting, so
25 we haven't really had a chance to look to see

1 separately -- looking separately at week one versus week
2 two. And it could be that the rain is, you know, going to
3 cause us some problems in interpreting some of the week
4 two data.

5 PANEL MEMBER QUINTANA: Thank you.

6 MS. HURLEY: Yeah.

7 CHAIRPERSON SCHWARZMAN: Any other clarifying
8 questions?

9 In that case, we'll move on to the open
10 discussion section about both of these two previous
11 presentations. With regarding Susan's presentation, the
12 Program is interested in feedback on these results, the
13 initial VOC and PAH results from SAPEP, including any
14 insights or resources you might be aware of to further
15 explore and interpret the 2-naphthol findings.

16 And then for Kathleen's presentation, we have
17 sort of a series of follow-up questions. And I wonder if
18 it would be best for Kathleen to reshare that slide.

19 DR. ATTFIELD: Certainly. Would you like to
20 start with comments on Susan's first while I bring that
21 up?

22 CHAIRPERSON SCHWARZMAN: Sure. Since -- yeah,
23 that's fine, since it's the information that's just been
24 presented. That would be helpful.

25 Any guidance from Panelists on how to think about

1 these results or resources?

2 If there is nothing further to add there, we can
3 go to Kathleen's slide with questions -- sort of follow-up
4 questions for the Panel and discussion points.

5 DR. ATTFIELD: Sure, just a moment.

6 MS. JARMUL: And while she's doing that, I could
7 always read the public question and comment.

8 CHAIRPERSON SCHWARZMAN: We have a hand from
9 Ulrike. Hang on one second.

10 PANEL MEMBER LUDERER: I just had a quick
11 question related to the naphthalene. Susan, do you -- did
12 you ask about mothballs in the questionnaire?

13 MS. HURLEY: We did not.

14 PANEL MEMBER LUDERER: Oh, that's too bad.

15 (Laughter).

16 MS. HURLEY: Yeah.

17 PANEL MEMBER LUDERER: Thanks. Yeah, that would
18 be helpful.

19 CHAIRPERSON SCHWARZMAN: Stephanie, do you want
20 to read the question that was a follow-up question for
21 Kathleen?

22 MS. JARMUL: Yeah. This is from Jen, one of our
23 attendees. She says, "Thanks for the great presentations.
24 Can anyone speak to the Water Board's implementation of
25 the new requirement for all water systems regardless of

1 size being tested for PFOS? I live in a very small water
2 district serving 815 homes and our watershed includes a
3 ski resort. There are papers showing higher PFOS levels
4 in ski resort impacted watersheds and I'd like us to test.
5 However, there's concern about cost since our rates are
6 already double the area water rates and about to
7 increase."

8 PANEL MEMBER MCKONE: Can I -- I can address some
9 of that, if that's okay?

10 DR. ATTFIELD: Please, go ahead.

11 PANEL MEMBER MCKONE: Hi. Sorry, I was late
12 coming to the meeting. I'm Tom McKone. So this is an
13 interesting question, because I think it -- I can't really
14 address the question of cost, but the -- there's been a
15 lot written lately and a lot of discussion about
16 recreational equipment in general, and ski equipment, and
17 ski waxes, and specifically. So in the recreation field,
18 there's a lot of water resistant, water repellent boots,
19 clothing, rain gear. And in skiing, the same thing
20 applies -- specifically applies. People want clothing
21 that is water resistant, water repellent.

22 And in cross-country skiing and I think somewhat
23 in downhill skiing, the waxes that they use to coat the
24 surfaces are -- have fairly high concen -- there's been
25 some work showing the high concentrations of PFAS in these

1 substances. So it does raise this concern that
2 particularly ski areas where there's so many people
3 concentrated with this kind of equipment, you know, and
4 falling into the snow or skiing across the surface that
5 there is a concern about the watershed. So it's a
6 legitimate concern.

7 And I think, for me, it raises getting to
8 Kathleen's bigger points about how do we use some of the
9 water data? I think it would be useful to sort of do some
10 cross comparisons of hot spots and address this question.
11 You know, I don't really know. I mean, there's concern,
12 because people measure -- mainly measure the PFAS
13 compounds in ski waxes, ski equipment, boots -- waterproof
14 boots, coatings for things. And I don't know if there's
15 been a lot of corresponding focus on watersheds that are
16 specifically linked. And again, maybe ski areas again,
17 because they're so concentrated, but other recreational
18 areas.

19 And then the other comment would be should we be
20 thinking more broadly about how to use water system data
21 to look for hot spots, areas where there's like
22 occupational or production facilities that would be
23 producing these and we might expect to find a hot spot in
24 a water supply.

25 So these are just some thoughts, but thank you

1 for the -- for the question, because I do think it gets to
2 the core of some of the things we're trying to answer.

3 DR. ATTFIELD: I just want to give a moment
4 for -- we had -- I know we had a couple members of the
5 staff from the Water Board attending today. I did get a
6 message that one had to drop off, but I just wanted to
7 give a chance in case there's a member who would like to
8 speak to this point, otherwise I can give an approximate
9 answer.

10 So what I know of the 2023 required testing that
11 they're asking of all public water systems in the state is
12 that they're -- that they are working on contracts for
13 funding for smaller community systems, so the ones that
14 are defined as disadvantaged communities and severely
15 disadvantaged communities with, I believe the definition
16 is, disadvantaged communities being at 80 percent of the
17 state median income, and severely being at 50 percent of
18 the state's median income. So I know the contracts are in
19 process now, but have not been released.

20 CHAIRPERSON SCHWARZMAN: Thank you for that.

21 Kathleen, do you mind showing the slide that had
22 your sort of follow-up questions.

23 DR. ATTFIELD: Oh. Well, there were two sets.
24 There was sort one set of follow-up questions wasn't
25 actually on a slide and it was related to this overlap of

1 the EPA UCMR 3 data as well as the Water Board data as far
2 as what other uses the Panel might suggest that we put the
3 overlap of data with. So this is just a reminder of the
4 data that we have mostly available to us so far. We don't
5 have all the 2022 data, of course.

6 CHAIRPERSON SCHWARZMAN: So this question is sort
7 of getting at what other projects or organizations might
8 you contact in terms of thinking about PFAS in drinking
9 water that can complement or inform this work, is that the
10 point, Kathleen?

11 DR. ATTFIELD: Yeah, we were also interested in
12 the sort of different investigative questions that could
13 be -- like could be looked at with the serum data as well
14 as the drinking water data. These are sort of the two
15 that are top on our list, but we want to make sure all
16 this State-collected information is used to the best of
17 its extent.

18 CHAIRPERSON SCHWARZMAN: Go ahead, Ulrike.
19 Sorry, I was muted.

20 PANEL MEMBER LUDERER: No, that's okay. You
21 know, kind of apropos that I -- so do you have data -- did
22 you ask all these participants about, you know, their
23 source of drinking water like whether they drank mainly
24 bottled water versus tap water or if they filtered it,
25 those kinds of questions?

1 DR. ATTFIELD: Yeah, so we asked two questions in
2 CARE. One, what is the main source of water in your home?
3 And the possible answers were public water system, private
4 well, and then other and missing, obviously. And the
5 other question was what kind of water do you drink most of
6 the time? And that got at if people were drinking tap
7 water, filtered, store bought, bottled, or other water
8 source. So for the main source of water to the home,
9 about 92 percent across the three CARES said public water
10 system. Yeah. Only, yeah, 1.5 percent said that they
11 were on private wells. And then what kind of water do you
12 drink most of the time? There's a fair split actually,
13 tap water being about 14 percent across the studies,
14 filtered, 41 percent, store bought, bottled water, water
15 coolers, 40 percent, so...

16 PANEL MEMBER LUDERER: And have you had a chance
17 to look at any of those and how they were associated with
18 the PFAS in the participants or not yet?

19 DR. ATTFIELD: We haven't looked at that yet.

20 PANEL MEMBER LUDERER: Thanks.

21 DR. ATTFIELD: We thought that question might
22 come, so I had the data available for you. Thank you to
23 Toki Fillman for that.

24 And I -- the other slide you were alluding to,
25 Meg, I can fast forward to. That was for our ACE work.

1 Sorry for the flashing of slides. So these are sort of
2 our prioritized investigations. The fish consumption in
3 PFAS, and herbal remedies and personal care products, and
4 metals. But we had a very rich survey. So if the Panel
5 wanted to highlight other sorts of investigations for both
6 community education as well as enlightening the scientific
7 community, it would be great.

8 MS. JARMUL: And also, if it's helpful, Meg, I
9 could at least show a slide with the discussion questions
10 that we had.

11 DR. ATTFIELD: Oh, great. I didn't know you had
12 that.

13 CHAIRPERSON SCHWARZMAN: Okay. Let's sit with
14 these for a minute that shows the other information
15 available from the questionnaire results, so folks can
16 think for a minute about potential other research
17 questions, either for the Program or for outside
18 collaborators, and then we can bring up that slide with
19 the other questions. That would be great, Stephanie.

20 Ulrike, please.

21 PANEL MEMBER LUDERER: Yeah. Related to a point
22 that Jenny brought up earlier, did -- in the rice -- were
23 among the 18 questions about rice products or rice
24 included like where the rice was grown, you know, or if
25 they, you know, tried to buy rice that was from specific

1 regions because they knew -- you know, because they -- the
2 levels of, you know, arsenic, for example, were found to
3 be lower?

4 DR. ATTFIELD: I do believe we do have some
5 information about rice origin in these questionnaires,
6 if -- is Kelly Chen able to comment?

7 I know she has a competing --

8 MS. JARMUL: Yes. I will allow her to speak now.
9 And Kelly, just unmute.

10 MS. CHEN: We do have the country of origin of
11 the rice eaten most frequently. That is one of the
12 questions we ask participants.

13 PANEL MEMBER LUDERER: But not like region within
14 the U.S.

15 MS. CHEN: Just country.

16 PANEL MEMBER LUDERER: Okay. Is there -- is
17 it -- there's, you know, some data out there about the
18 southeast, like Louisiana area, having higher levels due
19 to the use of pesticides previously on cotton fields where
20 they now grow rice versus California having lower
21 concentrations of arsenic in this -- in the rice.

22 DR. WU: I guess we've talked about before, the
23 bags are not always labeled and sometimes they'll say
24 product of the USA. So it's -- it is difficult to know,
25 you know, how good that data is that we've collected from

1 folks. But also, I think there's -- there is something
2 about access of data. I know when I go to Berkeley Bowl
3 or Whole Foods it talks about what farm your rice came
4 from and a lot about the agricultural source. But that's
5 not true of a lot of rice products. And so we'll have to
6 see how that bears out in Kelly's analyses.

7 PANEL MEMBER LUDERER: Thanks.

8 CHAIRPERSON SCHWARZMAN: Other thoughts about
9 directions of inquiry or research programs based on
10 research questions -- sorry -- based on the information
11 that's available to the Program through the exposure
12 questionnaire?

13 If no more specific thoughts about that, maybe
14 Stephanie you could bring up the slide that proposes some
15 general discussion questions for the remainder of our
16 session here.

17 MS. JARMUL: Will do. Can you see that okay?
18 Can everyone see that?

19 CHAIRPERSON SCHWARZMAN: That's great.

20 MS. JARMUL: Great.

21 CHAIRPERSON SCHWARZMAN: So the question that --
22 Kathleen's slide that we were looking at is that first
23 bullet point. And then the third bullet point is -- gets
24 to the issue of the overlap between PFAS monitoring and
25 water testing. Thoughts on any of this or other

1 reflections from the two Program update presentations are
2 welcome at this point.

3 Jenny.

4 PANEL MEMBER QUINTANA: Are we -- am I correct in
5 thinking we're supposed to be answering these questions
6 that you're showing right now? Is that what you just
7 said?

8 CHAIRPERSON SCHWARZMAN: Yeah. I think if you
9 have any comments --

10 PANEL MEMBER QUINTANA: Okay.

11 CHAIRPERSON SCHWARZMAN: -- or suggestions for
12 the Program, it's all welcome.

13 PANEL MEMBER QUINTANA: Oh, okay. No, I was just
14 thinking about tribal communities and ski areas, I guess,
15 following up on the participant who made the comment
16 that -- and also thinking about California and the large
17 tribal communities. And I'm just thinking -- curious how
18 much we've reached out to tribal communities for issues
19 that California Biomonitoring might be assisting with. So
20 that just came up to my mind.

21 And the other thing that came to mind was
22 occupational exposures, again using the power of this
23 analysis to look at occupational exposures, and
24 especially -- and this is just a question I was just
25 thinking of. We had this great textbook I used to use,

1 *Case Studies on Occupational Health*. I'm sure Ulrike
2 remembers that one. It's just really nice case studies
3 from I think it was NIOSH, and, for example, Vietnamese
4 Americans and solvent exposures. And I'm just curious if
5 there's -- if there's exposures that track with
6 occupations that we should -- in California, that we
7 should be -- and especially specific communities that we
8 could be -- could be really helping to investigate. So
9 that kind of very general question or comment. Thank you.

10 DR. ATTFIELD: Thank you. For the occupational
11 question, we do have a fair amount of occupational
12 information both for ACE and for the CARE studies. And as
13 I mentioned earlier, our collaborators at Silent Spring
14 Institute are looking into the occupational exposures and
15 doing all the hard work of classifying the open-ended
16 answers that people provide into categories that can be --
17 that are associated with the exposure analyte levels.

18 And for CARE, that's something we haven't had a
19 lot of time to explore yet, but we both have open-ended
20 questions on it and categorical questions like, you know,
21 military service or firefighting. Some of those are going
22 to be quite low in numbers, so we may not be able to have
23 the power to analyze them.

24 PANEL MEMBER QUINTANA: Yeah, I'm just thinking,
25 if I remember correctly, we oversampled older non-Hispanic

1 white women. And so it would be nice to kind of really
2 focus on some of -- in the future, I just feel like this
3 is such a powerful tool for bringing attention to
4 exposures and occupational exposures are often so very
5 much higher than the general population, the effect on
6 families too, like with take-home exposures. So I was
7 just hoping we can keep thinking of that as we move
8 forward.

9 DR. ATTFIELD: Thank you.

10 CHAIRPERSON SCHWARZMAN: Tom.

11 PANEL MEMBER MCKONE: Yeah, I have -- I have some
12 thoughts about -- or have always been concerned about
13 water testing and matching the exposures. I mean, this
14 goes back to when we were doing exposure tracking. And,
15 you know, it's one thing to do -- to match people to their
16 air, because pretty much people breathe the air where they
17 live, but that's not true of water. And I don't know how
18 much this can be used to really try to understand a little
19 bit more about, you know, the -- the chemicals in your
20 water are related to not where you live, but where the
21 water you drink comes from. Now, that's somewhat related
22 to where you live, but not always. It's gets -- water
23 distribution systems are a bit complicated.

24 So I don't know. Just a suggestion about it
25 might enhance the ability to understand the biomonitoring

1 if there's a little more effort to do some mapping of
2 water supply to water consumption. Again, it's not --
3 it's actually -- we -- I mean, we've tried to do this
4 before. It's a bit difficult and involves a lot of
5 records with water companies, because they actually switch
6 sources at certain -- some of them use surface water for
7 some of the year or they'll go to local groundwater for
8 another part of the year. So again, it's just a thought
9 about how to enhance or better understand that, to match
10 people to their water supply, and particularly the
11 variations in where that water supply comes from, so
12 what's coming out of their tap.

13 And I guess -- I mean an additional thought in
14 that area is, you know, I forgot whether you put this in
15 the questionnaire or -- I came in late. I might have
16 missed this is you asked people about how much they have
17 home gardens or consume food they produce, you know, in
18 their own backyards.

19 DR. ATTFIELD: (Shakes head).

20 PANEL MEMBER MCKONE: Oh, you don't do that.
21 Okay.

22 DR. ATTFIELD: No. No.

23 PANEL MEMBER MCKONE: Because that's actually a
24 way for some of these more persistent chemicals that bind
25 to vegetation. And it's actually an issue of, you know,

1 if somebody has a home garden and consumes any significant
2 amount of food from it. I know it was -- it was an issue
3 with other chemicals. But anyway, it's just some thought.

4 DR. ATTFIELD: And chicken eggs internationally.
5 (Laughter).

6 DR. ATTFIELD: To respond to the first part of
7 your comment, yes, water distribution systems are quite
8 complex and we -- as I said, we have sort of a diversity
9 of data around different sampling points and different
10 sampling time points from the different water systems.
11 Our partners at the Water Board do have access to
12 schematics of how the -- how the different point sources
13 funnel into different treatment situations and then into
14 the distribution point, and may be able to access
15 information on blending and when certain wells are turned
16 off and when different sources are employed. But as I'm
17 stating it, it is all very complex. So we're still at the
18 point of assessing like exactly how much we'll be able to
19 incorporate into the work.

20 CHAIRPERSON SCHWARZMAN: Nerissa.

21 DR. WU: Hi. I just wanted to respond both to
22 Tom and also to Jenny's question that we sort of went by
23 about tribes. And we did -- we have reached out to tribal
24 organizations as part of our EJ listening sessions that we
25 did now quite a few years ago, when we were trying to

1 identify what were concerns about environmental health
2 across the state. So we do have some data on that. And,
3 of course, it is a group when we do our demographic
4 analyses for any of our -- any of our results. It is a
5 group for which there are very, very small numbers and so
6 we haven't been able to produce stable statistics for that
7 group.

8 But I'm thinking that for both occupation and for
9 tribes, the STEPS data, which will eventually be a larger
10 data set, we have -- we do have parental occupation. We
11 will have racial identity by, you know, non-exclusive
12 categories. So we will be able to look any -- you know,
13 anyone who checks off Native American as part of their
14 identity and maybe accumulate numbers over time. That
15 might be able to be -- help us summarize any of those
16 statistics.

17 And with regard to Tom's question, I mean, this
18 is a little bit of what we're talking about with Matt's
19 presentation. There are so many variables. There's so
20 many different sources. There are lots of things we want
21 to capture for any study we're doing. And it's difficult.
22 It's one of the things for which -- which explains why we
23 need such large numbers for any one of these studies. But
24 every questionnaire, if we're not focusing on like the 20
25 questions you can ask about rice, if you're going to do

1 that for every exposure source, you end with a very, very
2 large questionnaire and you start bumping up against what
3 participants are willing to answer and also how much time
4 they're willing to spend, which is why the power of
5 something like NHANES which collects so much information,
6 you know, why they have so much more power than we do.

7 But it's something we think about. And some of
8 these smaller studies, which can really delve down like
9 ACE into very particular exposure sources, are a good
10 complement for the surveillance work we do, which we can't
11 ask about everything that we're interested in.

12 CHAIRPERSON SCHWARZMAN: Before we go to public
13 comment -- open public comment, any more points for this
14 discussion session. Or Stephanie, if there's anything
15 that has come across the email?

16 DR. HOLZMEYER: This is Cheryl. There's no new
17 emails. Thank you.

18 CHAIRPERSON SCHWARZMAN: In that case, thank you
19 to both Kathleen and Susan for your presentations.

20 And our last agenda item is an open public
21 comment period. So we have 10 minutes allotted for this,
22 if necessary, and commenters can provide opinions on any
23 topic related to Biomonitoring California. And a reminder
24 that webinar attendees can submit written comments and
25 questions either via the Q&A function of Zoom webinar or

1 by email to biomonitoring@oehha.ca.gov. We'll read them
2 out loud. If you want to speak, please use the raise hand
3 feature in Zoom and I can call on you.

4 So maybe we'll just leave a few minutes here,
5 even if no one is raising hands, to let folks submit via
6 the various mechanisms.

7 Stephanie, does that sound good?

8 MS. JARMUL: Yeah. And we do actually have a
9 hand raised.

10 Nancy.

11 MS. BUERMEYER: My name is Nancy Buermeyer,
12 Breast Cancer Prevention Partners. As always, thank you
13 for all of the presentations and all of the great work.
14 And it's great to see the additional resources allowing
15 you to do more of those analysis that is so useful to the
16 work that all of the advocates do.

17 I had a question. It's -- I wasn't able to
18 attend all of the meeting, so I don't know if this is
19 possible, but I thought I heard something about looking at
20 bisphenols in, I don't know if that was CARE data or some
21 of the other things. But there is some legislation this
22 year in the Legislature in California to ban the use of
23 BPA and BPS on thermal paper. And so having any data on
24 sort of particularly occupational exposures for cashiers
25 or retail workers who have to handle those on a daily

1 basis, and their exposure to BPA or BPS. I don't even
2 know if you work on BPS or not. But anyway, I was just
3 curious if you could talk a little bit about whether that
4 data might be coming.

5 DR. ATTFIELD: So for CARE -- and thank you,
6 Nancy. It's great that this is so topical to what is
7 happening in the Legislature right now. So for CARE-LA
8 and CARE-2, we had a subset where we were measuring
9 environmental phenols. And so we're actually working on
10 expanding that to the rest of the CARE population. So
11 hopefully in a year or two we'll be able to deliver
12 information on that.

13 What I had mentioned about bisphenol A was a
14 method development work from the Environmental Health
15 Laboratory at CDPH, where they're developing the ability
16 to track the specific metabolites of BPA in addition to
17 the free form. So that's BPA. But the regular method
18 does BPA and BPS and I believe BPF. And that -- the data
19 that is available for the subsets is already up on our
20 website and can be viewable. Happy to send you a link as
21 well or post a link.

22 MS. BUERMEYER: Great. Thank you.

23 CHAIRPERSON SCHWARZMAN: Cheryl, anything by
24 email that we should tend to?

25 DR. HOLZMEYER: I believe Stephanie is the only

1 person who can see that at the moment, as I'm screen
2 sharing.

3 MS. JARMUL: No further emails.

4 CHAIRPERSON SCHWARZMAN: In that case Stephanie,
5 is there any -- do we -- do we need to keep it open for
6 the full 10 minutes or is it okay to adjourn a little bit
7 early?

8 MS. JARMUL: We can adjourn a little bit early if
9 there are no further public comments.

10 CHAIRPERSON SCHWARZMAN: Okay. In that case, we
11 will move toward adjournment. There will be a transcript
12 of the meeting posted on the Biomonitoring California
13 website when it's available. And the next SGP meeting
14 will be on August 21st, 2023 from 1 to 4 p.m. And the
15 information regarding options for attending that meeting
16 will be available closer to the August meeting date.

17 So thank you to the staff who put together the
18 meeting, and to the Panel for being here, and the audience
19 also, and our speakers. And I'll adjourn the meeting.

20 Thanks.

21 (Thereupon the California Environmental
22 Contaminant Biomonitoring Program, Scientific
23 Guidance Panel meeting adjourned at 12:51 p.m.)

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