

Chemicals in Our Bodies Project Information for Participants

Thank you for volunteering to participate in the Chemicals in Our Bodies Project.

With your help, we will be able to learn three important things.

1. **We will learn more about which chemicals are found in the bodies of pregnant women.** We will do this by collecting a sample of your urine, your blood and the blood from your umbilical cord (during your delivery), and then testing them for about 100 chemicals.
2. **We will learn more about how these chemicals are getting into our bodies.** We will do this by asking you questions about your workplace, your home and some of your hobbies and activities.
3. **We will learn the best way to communicate the results of these tests to participants like you.** We will ask some of you for your feedback on the best way to learn about the results of the chemical tests. We will also talk to some of you after you have gotten your test results to learn more about any thoughts and questions you may have. You do not have to receive your test results or participate in these interviews unless you want to.

Important!

Participating in research is your choice and you can change your mind at any time. If you decide that you do not want to participate in the Chemicals in Our Bodies Project, please call XXX-XXX-XXXX and let us know.

What's Next

Here's what you'll need to do to be part of the Chemicals in Our Bodies Project:

- 1) **Home Survey.** In your packet of materials is a Home Survey for you to fill out. This Home Survey asks you questions about some of the products you use and your home environment.
 - Please complete this survey and either mail it back to us in the envelope we provided or bring it to your next appointment with us for your Interview. We will call you to remind you to complete the Home Survey.
 - We will give you a \$20 cash card once we have received your Home Survey to thank you for your time and effort.
- 2) **Interview and urine sample.** You have an appointment for an Interview with us on _____ at _____ at the San Francisco General Hospital room _____ (on the _____th floor). This interview will last about 1 hour. We will ask you questions about your job, your diet, your hobbies and some of your activities. We will also ask you to give us a urine sample.

- We will give you a \$25 cash card after this interview and urine sample to thank you for your time and effort.
 - If you drive to this interview, we will give you parking coupons for the garage at San Francisco General Hospital.)
 - We will call you to remind you about your appointment.
 - If you need to cancel or reschedule your interview, please call XXX-XXX-XXXX.
- 3) **Feedback Session.** You may be contacted about participating in a Feedback Session. During this interview, we will ask for your feedback about the best information to include along with your test results.
- We will give you a \$20 cash card after the Feedback Session to thank you for your time and effort.
- 4) **Blood Samples.** When you arrive to San Francisco General Hospital to delivery your baby, we will collect a sample of your blood during your normal blood test. We will also collect a sample of umbilical cord blood during your delivery. This will not harm you or your baby.
- Please tell the nurses as soon as possible that you are part of the Chemicals in Our Bodies Project.
 - We will give you a \$20 cash card after we collect your blood to thank you for your participation in the project.
- 5) **[VERSION 1: for participants who want to receive their results]:**
- Chemical Test Results.** We will mail your chemical test results to you as soon as they become available. Measuring chemicals takes a long time and your test results will not be available for 1 year. Some tests will take longer, so you will get several mailings with results from us over the next couple of years.
- If you move, please call NAME at XXX-XXX-XXXX to tell us your new mailing address.
- [VERSION 2: for participants who don't want to receive their results]:**
- Chemical Test Results.** You have chosen to not receive your chemical test results.
- If you change your mind and decide that you do want to receive your chemical test results, please call NAME at XXX-XXX-XXXX to let us know.
- 6) **Results Communication Interview.** You may be contacted about participating in an interview with us about your thoughts and questions about

your test results. This interview will be about 1-3 weeks after you receive your first set of test results from us.

Who to Call

Please call NAME at XXX-XXX-XXXX if you have any questions or if you need to change or cancel an appointment.

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